29th Edition

# 2027 BEST OF CARE



The Most Comprehensive Guide to Services For Older Adults and Adults With Disabilities In Southwest Michigan

MILESTONE
senior services




# BROOKDALE
PORTAGE

*Two Communities, One Heartbeat*

## Assisted Living

Residents enjoy independence with the right support. From help with daily tasks to meals, activities, and connection, every detail is designed to make life easier and more fulfilling.

## Memory Care

Residents with Alzheimer's or dementia receive patient, personalized support in a comfortable, secure setting. Familiar routines and thoughtful care provide peace of mind and help each person feel calm, safe, and respected.

Powerback

Compassionate Senior Living meets expert onsite therapy with Powerback Rehabilitation right on the Brookdale Portage campus.

**Services Offered onsite at Brookdale Portage**

- Physical Therapy
- Occupational Therapy
- Speech Therapy

## Get in Touch

**269-324-3344**

**3100 Old Centre Rd, Portage, MI 49024**

FRIENDSHIP VILLAGE | 50th CELEBRATING 50 YEARS



# Celebrating 50 Years of Excellence In Senior Living





Since 1975, Friendship Village has welcomed hundreds of savvy seniors.

We invite you to experience our:

- Scenic campus
- Friendly staff and residents
- Chef inspired dining
- Educational and entertainment opportunities
- Exceptional amenities including a heated saltwater pool

Schedule your visit today and ask about our major expansion/ renovation, including 76 new Independent Living suites.

**(269) 220-6227** | 1400 North Drake Road, Kalamazoo, MI

www.friendshipvillagemi.com | like us on Facebook | follow us on LinkedIn

***Our Life Plan includes*** Independent Living ▪ Assisted Living
Memory Care ▪ Skilled Care ▪ Short Term Rehabilitation

EQUAL HOUSING OPPORTUNITY

Managed by Life Care Services®

PET FRIENDLY

*References to the term *Life*Care® are fully explained in the Continuing Care Agreement.

This guide is published by Milestone Senior Services. If your organization would like to be included in this publication in the future, or would like to advertise with us, please contact us.

Milestone Senior Services

918 Jasper Street
Kalamazoo, MI 49001

(269) 382-0515

info@MilestoneSeniorServices.org

MILESTONE
senior services

Welcome to the 2027 edition of

# BEST OF CARE

The Best of Care guide is a directory of service providers in Southwest Michigan who provide care services, enrichment activities and community programs for older adults and adults with disabilities and their caregivers.

This guide is a valuable resource for families who are facing a changing dynamic as a loved one ages or experiences a disability and are in need of services to address changing circumstances. It also provides healthcare professionals with an excellent resource for referring clients to care providers for services they do not provide themselves.

The Best of Care Guide is divided into two main sections: an Index and a Directory. The first section is an Index of providers organized by service categories. Find the category of service you are looking for and a listing of providers follows, each with a corresponding page number. Then flip to the page number in the Directory of providers following the Index to learn more about that provider. Providers may be listed in multiple categories in the Index, however, they exist only once in the Directory. If you know what provider you are looking for, you can go directly to the Directory and find them alphabetically.

Milestone Senior Services is pleased to publish this directory of service providers. The businesses and organizations appearing in this directory have requested to be included; this does not represent a recommendation or endorsement from Milestone.

An electronic copy of this guide is available on Milestone Senior Services' website: www.MilestoneSeniorServices.org under the Resources menu.

## Special Thanks . . . to the agencies who financially supported this year's Best of Care publication with the purchase of an ad.


Absolute Homecare & Medical Staffing . . . . . 40

Adams-Redmond Funeral Homes and Cremation Services . . . . . Back Cover

AmeriCorps Seniors/Milestone RSVP . . . . . 46

AmeriCorps Seniors/Milestone Senior Companion . . . . . 53

Alzheimer's Association of Michgian . . . . . 42

Bronson Health Care . . . . . 63

Brookdale Portage . . . . . Inside Front Cover

CarePatrol of Kalamazoo . . . . . Inside Back Cover

Carewell Services Southwest . . . . . 8

Centre Meadows . . . . . 67

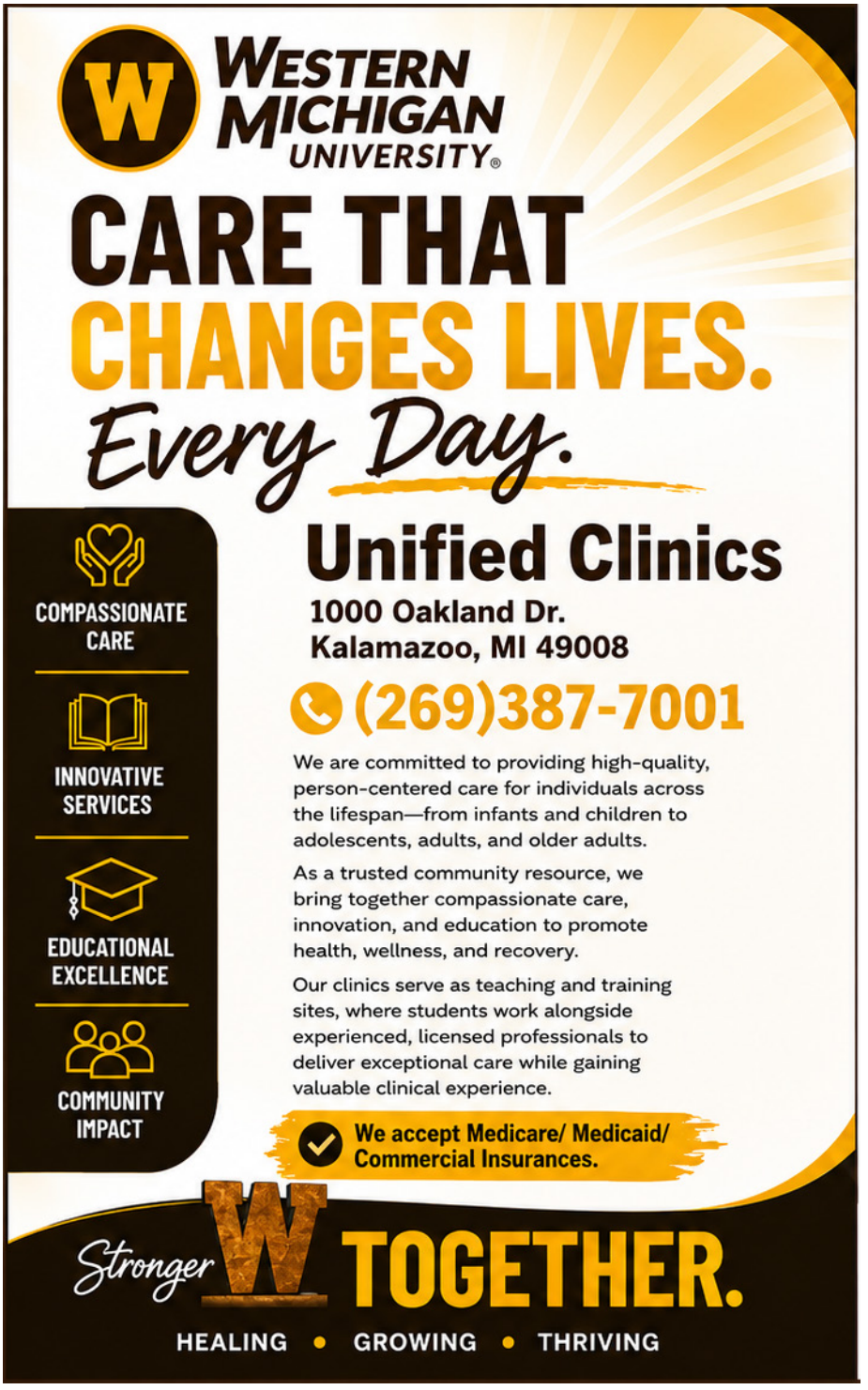
Centrica Care Navigators . . . . . 23

City View in the Square . . . . . 38

Community Action Agency . . . . . 36–37

Fresh Perspective Home Care . . . . . 76

Friendship Village . . . . . Inside Front Facing
Gryphon Place . . . . . 30
GT Independence . . . . . 79
Headstrong Physical Therapy . . . . . 80
HomeJoy of Kalamazoo . . . . . 16
Kalamazoo County Area Agency on Aging . . . . . 13
Kalamazoo Home Health Care . . . . . Inside Back Facing
Legacy Advisory Group . . . . . 91
Metro Connect . . . . . 35
Milestone Senior Services . . . . . Center Insert
NewPort Village Apartments . . . . . 28
South Michigan Food Bank . . . . . 109
Western Michigan University Unified Clinics . . . . . 6–7
Worthwhile Home Organizing & Staging . . . . . 115


WESTERN MICHIGAN UNIVERSITY
CARE THAT CHANGES LIVES. Every Day.
COMPASSIONATE CARE
INNOVATIVE SERVICES
EDUCATIONAL EXCELLENCE
COMMUNITY IMPACT
Unified Clinics
1000 Oakland Dr.
Kalamazoo, MI 49008
(269)387-7001
We are committed to providing high-quality, person-centered care for individuals across the lifespan—from infants and children to adolescents, adults, and older adults.
As a trusted community resource, we bring together compassionate care, innovation, and education to promote health, wellness, and recovery.
Our clinics serve as teaching and training sites, where students work alongside experienced, licensed professionals to deliver exceptional care while gaining valuable clinical experience.
We accept Medicare/ Medicaid/ Commercial Insurances.
Stronger TOGETHER.
HEALING • GROWING • THRIVING

## WELLNESS AND RECOVERY CLINIC

Mental health/substance use assessments, individual, group, and family therapy, driver's license restoration evaluations, court-related treatment, and psychological/neuropsychological testing.

## VISION CLINIC

Eye exams and ocular health services; low vision assessments and rehabilitation; assistive devices and support; on-site optical shop including glasses, contacts, specialty wear OSHA-approved and sports frames.

## AUDIOLOGY CLINIC

Hearing assessments; technology assessments and fittings; hearing aids and Cochlear implants; listening therapy.

## PHYSICAL THERAPY CLINIC

Restore movement, reduce pain, and improve strength, balance, mobility, and function through personalized evaluation and treatment for orthopedic and neurological conditions.

## OCCUPATIONAL THERAPY CLINIC

Promote independence through personalized evaluations, therapy, and adaptive strategies that enhance daily living, school, work, and community participation.

## SPEECH AND LANGUAGE CLINIC

Improve communication, cognition, voice, swallowing, and social engagement through comprehensive evaluations, personalized therapy, and assistive communication solutions.

## RESILIENCY CENTER FOR FAMILIES AND CHILDREN

Trauma-responsive, neurodiversity-affirming, and LGBTQIA+ inclusive care for children, teens, and families experiencing stress, trauma, emotional, and developmental challenges.

## MUSIC THERAPY CLINIC

Evidence-based music interventions to support individuals in achieving therapeutic goals related to emotional wellness, communication, cognitive development, physical functioning, and overall quality of life

## THERAPY DOG CLINIC

Integrated into assessment and therapy services across Unified Clinics to enhance emotional regulation, communication, engagement, and overall therapeutic outcomes.

## PSYCHOLOGY CLINIC

Evidence-based services for individual, couples and families; comprehensive ADHD and learning disorder assessments for children and adults.

*Here for you. Here for life.*

**UNITED IN CARE. DRIVEN BY PURPOSE.**



# CareWell Services is here as your first point of contact for any kind of support seniors or caregivers may need.

- Care Management
- Dementia Support
- Caregiver Support & Resources
- Person Centered Options Counseling
- Medicare Benefits Counseling

VISIT OUR WEBSITE TO LEARN MORE ABOUT THE NO-COST PROGRAMS AND SERVICES AVAILABLE TO YOU!

REGION 3B AREA AGENCY ON AGING
CareWell services SOUTH WEST
PROMOTING HEALTH • INDEPENDENCE • CHOICE

www.carewellservices.org
(269) 966-2450

# INDEX

The INDEX section of this directory is organized by service categories. Find the category of services you are looking for first and the index will list the names and page numbers for providers listed in the DIRECTORY section starting on page 39.

MILESTONE
senior services

# INDEX

## ACTIVE AGING ADULT


A+ Jones Financial Group . . . . . 40
AARP Foundation SCSEP . . . . . 40
Advantage Private Nursing Services, Inc . . . . . 41
Alzheimer's Association Michigan Chapter . . . . . 42
American Red Cross, Southwest Michigan Chapter . . . . . 42
The Anchored Bird Concierge . . . . . 43
Antwerp Township Senior Services . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Armor Physical Therapy . . . . . 44
At Ease Senior Transitions LLC . . . . . 44
Back to Health Chiropractic Clinics . . . . . 45
Barry County Commission on Aging . . . . . 45
Battle Creek Pride . . . . . 46
Battle Creek VA Medical Center . . . . . 46
Beltone . . . . . 53
Burnside Center - Branch County Commission on Aging . . . . . 64
Calhoun County Senior Services . . . . . 65
CareWell Services Southwest . . . . . 66
Centrica Care Navigators . . . . . 67
Cheff Therapeutic Riding Center . . . . . 68
Comfort Keepers . . . . . 68
College H.U.N.K.S. . . . . 68
Community Action Agency of South Central Michigan . . . . . 69
Comstock Community Center . . . . . 70
Crosstown Parkway Senior Community Apartments & Townhomes . . . . . 71
Ecumenical Senior Center . . . . . 72
El Concilio . . . . . 72
Forks Senior Center . . . . . 75
Fortunate Fourth Creations & Media . . . . . 75
Friends of the Kalamazoo Public Library - Bookstore . . . . . 76
Friendship Village Health Center . . . . . 76
Friendship Village Independent Living . . . . . 77
Goodwill Industries of Southwestern Michigan . . . . . 77
Gryphon Place . . . . . 78
GT Independence . . . . . 78

# INDEX

Headstrong Physical Therapy . . . . . 80
Heritage Commons Senior Enrichment Center . . . . . 81
Hospital Hospitality House of Southwest Michigan . . . . . 83
Housing Resources, Inc . . . . . 83
Innovare HP . . . . . 84
The Institute of Public Scholarship . . . . . 84
Interim Healthcare . . . . . 85
Kalamazoo Eastside Neighborhood Association . . . . . 86
Kalamazoo Loaves and Fishes . . . . . 87
Kalamazoo Public Library . . . . . 88
Kazoo Books . . . . . 88
Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Lending Hands of Michigan . . . . . 91
Mary Free Bed Kalamazoo Southwest . . . . . 92
Medicare Counseling Program . . . . . 92
Memory Bright . . . . . 93
Michigan Works! SW . . . . . 94
Miles for Memories . . . . . 94
Milestone Senior Services . . . . . 94
MRC Industries . . . . . 95
NorthPointe Woods Senior Living Community . . . . . 96
NovaCare Rehabilitation (Physical Therapy) . . . . . 96
Oaklawn Fitness Center . . . . . 97
Oakwood Neighborhood Association . . . . . 102
The Oaks at Battle Creek . . . . . 102
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
Osher Lifelong Learning Institute at Western Michigan University . . . . . 103
OutFront Kalamazoo . . . . . 103
Paw Paw District Library . . . . . 103
Paw Paw Senior Center . . . . . 104
Portage District Library . . . . . 104
Portage Zhang Senior Center . . . . . 104
Purpose Care of Michigan . . . . . 105
Richland Area Community Center . . . . . 105
RE/MAX Advantage – Luann DeFouw . . . . . 105
Revanth Bobba, Realtor - Berkshire Hathaway Home Services . . . . . 105

# INDEX

Salvation Army-Kalamazoo Corps . . . 106
Senior Health Partners . . . 107
Seniors Helping Seniors . . . 107
Shepherd's Center of Greater Kalamazoo . . . 107
South County Community Services . . . 108
South County Senior Center for Active Living . . . 108
Stanford Adult Care Lodge . . . 110
Touching Hearts at Home . . . 111
Travel With Nikki . . . 111
Union City Senior Center . . . 111
Van Buren Conservation District . . . 112
Woodside at Friendship Village . . . 114
Worthwhile Home Organizing and Staging . . . 114
YMCA of Greater Kalamazoo . . . 115
YMCA of Portage . . . 115

## ADULT DAY SERVICES

Barry County Commission on Aging . . . 45
Calhoun County Medical Care Facility
Marian E Burch Adult Day Care & Rehab Center . . . 65
Calhoun County Senior Services . . . 65
CareWell Services Southwest . . . 66
Community Living Options . . . 70
Comstock Community Center . . . 70
Courter Memory Center . . . 70
MRC Industries . . . 95
The Oaks at Battle Creek . . . 102
Senior Care Partners PACE . . . 106
WMU Adult Wellness Programs - Senior Adult Day . . . 114

## ADVOCACY

Alzheimer's Association Michigan Chapter . . . 42
The Anchored Bird Concierge . . . 43
The Arc Community Advocates . . . 43
Area Agency on Aging Region 3C . . . 43
Area Agency on Aging, Region IV . . . 43

# INDEX


At Ease Senior Transitions LLC . . . . . 44
Battle Creek Pride . . . . . 46
Building Blocks of Kalamazoo . . . . . 64
CareWell Services Southwest . . . . . 66
Deaf and Hard of Hearing Services . . . . . 71
Disability Network Southwest Michigan . . . . . 72
El Concilio . . . . . 72
Fresh Perspective Home Care . . . . . 76
Gift of Life Michigan . . . . . 77
Guardian Finance and Advocacy Services . . . . . 79
The Institute of Public Scholarship . . . . . 84
Kalamazoo County Area Agency on Aging . . . . . 86
Long Term Care Ombudsman Program . . . . . 92
Michigan Dept of Health and Human Services – Adult Services . . . . . 93
Miles for Memories . . . . . 94
NorthPointe Woods Senior Living Community . . . . . 96
OutFront Kalamazoo . . . . . 103
S.A.F.E Place . . . . . 106
Senior Living Family Advocate, LLC . . . . . 107
Tax Information for Seniors and Retirees . . . . . 110
Western Michigan University Unified Clinics . . . . . 113





**Area Agency on Aging 3A**

**Medicare Counseling**

*Free, Unbiased Medicare Help*

- Get answers to your Medicare questions.
- Compare plans and coverage options.
- Learn about programs to lower costs.

This publication was supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $254,300 with 86 percentage funded by ACL/HHS and $42,143.41 amount and 14 percentage funded by nongovernment source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

**Contact Us:** 1-800-803-7174 kalcounty.gov/AAA

KALAMAZOO COUNTY GOVERNMENT Health & Community Services Department

SHIP State Health Insurance Assistance Program Navigating Medicare

# INDEX

## BEHAVIORAL/COUNSELING/MENTAL HEALTH


A+ Jones Financial Group . . . . . 40
Alzheimer's Association Michigan Chapter . . . . . 42
Area Agency on Aging, Region IV . . . . . 43
Barry County Commission on Aging . . . . . 45
Barry County Community Mental Health Authority . . . . . 45
Battle Creek VA Medical Center . . . . . 46
Bronson HelpNet Behavioral Health Specialists . . . . . 59
Burnside Center - Branch County Commission on Aging . . . . . 64
CareWell Services Southwest . . . . . 66
Centrica Care Navigators . . . . . 67
Charlie Health . . . . . 67
Cheff Therapeutic Riding Center . . . . . 68
Disability Network Southwest Michigan . . . . . 72
Family & Children Services . . . . . 74
Gryphon Place . . . . . 78
Integrated Services of Kalamazoo . . . . . 84
Kalamazoo Behavioral Health Hospital . . . . . 85
Kalamazoo County Area Agency on Aging . . . . . 86
Kalamazoo Empowerment Services . . . . . 87
Lauri J. Rowe, LPC, Professional Psychotherapy Services . . . . . 90
Miles for Memories . . . . . 94
Milestone Senior Services . . . . . 94
MRC Industries . . . . . 95
Oaklawn Inpatient Psychiatric Unit . . . . . 97
Oaklawn Medical Group – Outpatient Psychological Services . . . . . 97
Oakwood Neighborhood Association . . . . . 102
OutFront Kalamazoo . . . . . 103
Portage Zhang Senior Center . . . . . 104
Sexual Assault Services . . . . . 110
Summit Pointe . . . . . 110
Travis Ericksen LPC, My Courage Counseling . . . . . 111
Western Michigan University Unified Clinics . . . . . 113

# INDEX

## CARE MANAGEMENT


Absolute Homecare and Medical Staffing. . . . . 41
Advantage Private Nursing Services, Inc . . . . . 41
AdvisaCare Home Health and Hospice . . . . . 41
The Anchored Bird Concierge . . . . . 43
Arcadia Home Care and Staffing . . . . . 43
Area Agency on Aging, Region 3C . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
At Ease Senior Transitions, LLC . . . . . 44
Barry County Commission on Aging . . . . . 45
Best Life at Home Occupational Therapy . . . . . 53
Birch Meadows Home Care . . . . . 54
Bronson at Home . . . . . 57
Bronson at Home Infusion Services . . . . . 59
Care Where You Are In-Home Care . . . . . 65
Careology Home Healthcare . . . . . 65
CarePatrol of Kalamazoo . . . . . 66
CareWell Services Southwest . . . . . 66
Caring Companions Kalamazoo. . . . . 66
Centerwell Home Health . . . . . 66
Centrica Care Navigators . . . . . 67
Comfort Keepers . . . . . 68
Comstock Community Center . . . . . 70
Disability Network Southwest Michigan . . . . . 72
Elara Caring – Skilled Home Health . . . . . 73
Embraced Home Care . . . . . 73
Ernstes Insurance Solutions . . . . . 73
FirstLight Home Care . . . . . 75
Fresh Perspective Home Care . . . . . 76
Grainhouse Grove . . . . . 78
Hearing Specialists of Kalamazoo . . . . . 80
Heart to Heart Hospice . . . . . 80
Home Connection Therapy . . . . . 82
Home Roots Companion and Home Care . . . . . 82

# INDEX


HomeJoy of Kalamazoo . . . . . 83
HomeJoy of Marshall . . . . . 83
HomeJoy of Three Rivers . . . . . 83
Interim Healthcare . . . . . 85
Kalamazoo County Area Agency on Aging. . . . . 86
Kalamazoo Home Health Care Inc. . . . . 87
Mary Free Bed Kalamazoo Southwest . . . . . 92
Milestone Senior Services. . . . . 94
MRC Industries . . . . . 95
NorthPointe Woods Senior Living Community . . . . . 96
The Oaks at Battle Creek . . . . . 102
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
Optimal Care . . . . . 103
Peachy Home Care . . . . . 104
Pure Home Health Care . . . . . 104
Purpose Care of Michigan . . . . . 105
Residential Opportunities, Inc . . . . . 105





Right at Home . . . . . 106
Rivers Residence . . . . . 106
Senior Care Partners PACE . . . . . 106
Senior Health Partners . . . . . 107
Stanford Adult Care Lodge . . . . . 110
Summit Pointe . . . . . 110
The Therapy Place . . . . . 111
Touching Hearts at Home . . . . . 111
Vicksburg Family Home Care . . . . . 112
Visiting Angels of Southwest Michigan . . . . . 113
West Woods of Bridgman . . . . . 113
Western Michigan University Unified Clinics . . . . . 113
Woodside at Friendship Village . . . . . 114

## EMERGENCY ASSISTANCE

American Red Cross, Southwest Michigan Chapter . . . . . 42
The Anchored Bird Concierge . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Beacon Allegan - Walk-In Center . . . . . 52
Beacon Woodbridge Immediate Care . . . . . 52
Bronson Battle Creek Hospital Emergency Dept & Level IV Trauma Cntr . . . 56
Bronson Lakeview Hospital Emergency Dept & Level IV Trauma Center . . . . 57
Bronson Methodist Hospital Emergency Dept & Level I Trauma Center . . . . 56
Bronson Quickcare® . . . . . 57
Bronson South Haven Hospital Emergency Dept & Level IV Trauma Cntr . . . 57
Broson Urgent Care . . . . . 57
CareWell Services Southwest . . . . . 66
Community Action Agency of South Central Michigan . . . . . 69
EZE . . . . . 74
Goodwill Industries of Southwestern Michigan . . . . . 77
Housing Resources, Inc . . . . . 83
Kalamazoo Behavioral Health Hospital . . . . . 85
Kalamazoo County Health & Community Services Department . . . . . 86
Kalamazoo County Sheriff's Office . . . . . 86
Kalamazoo County Veterans Service Office . . . . . 86
Kalamazoo Loaves and Fishes . . . . . 87
Kempf Family Funeral and Cremation Services . . . . . 88

# INDEX

KNHS Home Ownership Services . . . . . 88
Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Michigan Department of Health and Human Services – Adult Services . . . . . 93
Miles for Memories . . . . . 94
NorthPointe Woods Senior Living Community . . . . . 96
Oaklawn Express Care – Albion . . . . . 97
Oaklawn Express Care – Beckley Road . . . . . 98
Oaklawn Express Care – Marshall . . . . . 98
Oaklawn Medical Group – Outpatient Psychological Services . . . . . 97
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
S.A.F.E Place . . . . . 106
South County Community Services . . . . . 108
Three Rivers IMED (Beacon) . . . . . 52
United Way of South Central Michigan . . . . . 111
Western Michigan University Unified Clinics . . . . . 113

## FINANCE AND INSURANCE

1st Source Bank . . . . . 40
A+ Jones Financial Group . . . . . 40
The Anchored Bird Concierge . . . . . 43
Antwerp Township Senior Services . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Avanti Insurance Agency . . . . . 44
Barry County Commission on Aging . . . . . 45
Burnside Center - Branch County Commission on Aging . . . . . 64
Certified Benefit Advisors - Tracie Flowers . . . . . 67
Comparion Insurance Agency . . . . . 70
Ecumenical Senior Center . . . . . 72
Endres Insurance . . . . . 73
Ernstes Insurance Solutions . . . . . 73
Financial Advisor Jeanne Case of Raymond James . . . . . 75
Gasaway Investment Advisors . . . . . 77
Goodwill Industries of Southwestern Michigan . . . . . 77
Guardian Finance and Advocacy Services . . . . . 79
Honor Credit Union – Portage . . . . . 83
Humana Medicare Insurance . . . . . 84

# INDEX

Kempf Family Funeral and Cremation Services . . . . . 88
Kalamazoo County Health & Community Servies Department . . . . . 86
KNHS Home Ownership Services . . . . . 88
Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Legacy Advisory Group . . . . . 91
Modern Woodmen Financial . . . . . 94
The Oaks at Battle Creek . . . . . 102
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
Senior Care Partners PACE . . . . . 106
SMG . . . . . 108
Social Security Administration . . . . . 108
Southwest Michigan Financial, LLC . . . . . 108
Tax Information for Seniors and Retirees . . . . . 110

## FOOD AND NUTRITION

Albion Health Care Alliance . . . . . 42
The Anchored Bird Concierge . . . . . 43
Antwerp Township Senior Services . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Barry County Commission on Aging . . . . . 45
Battle Creek Pride . . . . . 46
Battle Creek VA Medical Center . . . . . 46
Bronson Nutrition Services . . . . . 59
Burnside Center - Branch County Commission on Aging . . . . . 64
CareWell Services Southwest . . . . . 66
Comfort Keepers . . . . . 68
Community Action Agency of South Central Michigan . . . . . 69
Comstock Community Center . . . . . 70
Fallen But Not Forgotten Military - Kalamazoo . . . . . 74
The Institute of Public Scholarship . . . . . 84
Kalamazoo County Veterans Service Office . . . . . 86
Kalamazoo First Assembly . . . . . 87
Kalamazoo Gospel Ministries . . . . . 87
Kalamazoo Loaves and Fishes . . . . . 87
Milestone Senior Services . . . . . 94
NorthPointe Woods Senior Living Community . . . . . 96

# INDEX

Oakwood Neighborhood Association . . . . . 102
The Oaks at Battle Creek . . . . . 102
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
Seniors Helping Seniors . . . . . 107
South County Community Services . . . . . 108
South Michigan Food Bank . . . . . 108

## FUNERAL SERVICES

A+ Jones Financial Group . . . . . 40
Adams-Redmond Funeral Homes and Cremation Services . . . . . 41
Avink, McCowen, & Secord Funeral Homes and Cremation Society . . . . . 45
Betzler Life Story Funeral Homes . . . . . 54
Betzler & Thompson Life Story Funeral Home – Paw Paw . . . . . 54
Joldersma & Klein Funeral Home . . . . . 85
Kalamazoo County Veterans Service Office . . . . . 86
Kempf Family Funeral and Cremation Services . . . . . 88
Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Neptune Society . . . . . 95
Ofield Funeral Home . . . . . 102
Operation Heaven Sent - Non-Profit Corporation . . . . . 102

## GOVERNMENT/VETERAN SERVICE

Area Agency On Aging, Region 3C . . . . . 43
Battle Creek VA Medical Center . . . . . 46
Bureau of Services for Blind Persons - Kalamazoo Regional Office . . . . . 64
Calhoun County Senior Services . . . . . 65
CareWell Services Southwest . . . . . 66
Comfort Keepers . . . . . 68
Community Health Agency . . . . . 69
Embraced Home Care . . . . . 73
Fresh Perspective Home Care . . . . . 76
Kalamazoo County Area Agency on Aging . . . . . 86
Kalamazoo County Health & Community Services Department . . . . . 86
Kalamazoo County Sheriff's Office . . . . . 86
Kalamazoo County Veterans Service Office . . . . . 86
Kempf Family Funeral and Cremation Services . . . . . 88

# INDEX

Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Long Term Care Ombudsman Program . . . . . 92
Metro Connect . . . . . 93
Michigan Department of Health and Human Services – Adult Services . . . . . 93
Michigan Veterans Affairs Agency . . . . . 94
Michigan Secretary of State . . . . . 94
NorthPointe Woods Senior Living Community . . . . . 96
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
Portage Zhang Senior Center . . . . . 104
Seniors Helping Seniors . . . . . 107
Social Security Administration . . . . . 108
South County Community Services . . . . . 108
Tax Information for Seniors and Retirees . . . . . 110
United Way of South Central Michigan . . . . . 111
Van Buren Conservation District . . . . . 112
Veteran 1st . . . . . 112

## HOME REPAIR/ENERGY/WEATHERIZATION

Area Agency on Aging, Region IV . . . . . 43
Building Blocks of Kalamazoo . . . . . 64
Calhoun County Senior Services . . . . . 65
CareWell Services Southwest . . . . . 66
Community Action Agency of South Central Michigan . . . . . 69
Community Homeworks . . . . . 69
Consumers Energy - Helping Neighbors . . . . . 70
EZE . . . . . 74
Harmony Home Solutions . . . . . 79
Kalamazoo Climate Crisis Coalition . . . . . 85
Kalamazoo Valley Habitat for Humanity . . . . . 88
KNHS Home Ownership Services . . . . . 88
Michigan Department of Health and Human Services – Adult Services . . . . . 93
Milestone Senior Services . . . . . 94
NorthPointe Woods Senior Living Community . . . . . 96
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
Pennings Handyman . . . . . 104
South County Community Services . . . . . 108
Worthwhile Home Organizing and Staging . . . . . 114

# INDEX

## HOSPICE


Alamo Cove Rehab and Nursing Center . . . . . 41
Best Life at Home Occupational Therapy . . . . . 53
Centerwell Home Health . . . . . 66
Centrica Care Navigators . . . . . 67
Comfort Keepers . . . . . 68
Compassus Home Health and Hospice . . . . . 70
Crossbridge Hospice . . . . . 71
Elara Caring – Hospice . . . . . 72
Gentiva Hospice . . . . . 77
Heart to Heart Hospice . . . . . 80
Heartland Hospice . . . . . 80
Interim Healthcare . . . . . 85
Kairos Dwelling . . . . . 85
Laurels of Galesburg . . . . . 90
NorthPointe Woods Senior Living Community . . . . . 96
Oaklawn Hospice . . . . . 98
The Oaks at Battle Creek . . . . . 102
Optimal Care . . . . . 103
The Orchards at Three Rivers . . . . . 103
Serenity Village of Barry County . . . . . 107
Stanford Adult Care Lodge . . . . . 110
Transitions Care Hospice . . . . . 111
West Woods of Bridgman . . . . . 113
Wings of Hope Hospice & Palliative Care . . . . . 114


## HOSPITALS AND MEDICAL FACILITIES


Battle Creek VA Medical Center . . . . . 46
Beacon Hospital Departments . . . . . 47-52
Best Life at Home Occupational Therapy . . . . . 53
Bronson Hospital Departments . . . . . 55-67
Competitive Hearing . . . . . 70
Family Health Center - Alcott . . . . . 74
Family Health Center - Burdick . . . . . 74
Family Health Center – Paterson . . . . . 74
Fountain Clinic . . . . . 75

# INDEX



centrica™
CARE NAVIGATORS

- HOSPICE CARE
- ROSE ARBOR PLACE
- PALLIATIVE CARE
- GRIEF SUPPORT
- JOURNEYS

A member of NorthStar Care Community

Expert care, centered on you.

Serving you for more than 40 years.

269.345.0273 • CentricaCare.org

Grace Health . . . . . 77
Hospital Hospitality House of Southwest Michigan . . . . . 83
Kalamazoo Behavioral Health Hospital . . . . . 85
Laurels of Galesburg . . . . . 90
Long Term Care Ombudsman Program . . . . . 92
Mary Free Bed Kalamazoo Southwest . . . . . 92
NorthPointe Woods Senior Living Community . . . . . 96
Nottawaseppi Huron Band of the Potawatomi . . . . . 96
NovaCare Rehabilitation (Physical Therapy) . . . . . 96
Oak St Health . . . . . 96
Oaklawn Hospital . . . . . 97-101
The Orchards at Three Rivers . . . . . 103
Senior Care Partners PACE . . . . . 106
Vascular Health Center . . . . . 112
West Michigan Cancer Center . . . . . 113
Wright & Filippis . . . . . 115

## HOUSING RELATED SERVICES - Adult Foster Care

Best Life at Home Occupational Therapy . . . . . 53
Birch Meadows Senior Care . . . . . 54
Care Provider Solutions . . . . . 65
Comfort Living Home . . . . . 69
Eden Haven . . . . . 72

# INDEX

Espanola House, AFC . . . . . 73
Hilten Group Home . . . . . 82
Hudson's Country Manor . . . . . 84
LMA Homes, LLC . . . . . 92
The Oaks at Battle Creek . . . . . 102
Residential Opportunities, Inc . . . . . 105
Rivers Residence . . . . . 106

## HOUSING RELATED SERVICES - Assisted Living

Alamo Cove Rehab and Nursing Center . . . . . 41
At Ease Senior Transitions LLC . . . . . 44
Best Life at Home Occupational Therapy . . . . . 53
Bickford Senior Living . . . . . 54
Blueberry Hill Assisted Living . . . . . 54
Brookdale Portage Assisted Living . . . . . 64
Butterfly Oasis . . . . . 64
Calhoun County Medical Care Facility/Marian E Burch
Adult Day Care and Rehab Center . . . . . 65
Carveth Village . . . . . 66
Grace Valley Assisted Living Small Group Home . . . . . 78
Grainhouse Grove . . . . . 78
Heritage Community of Kalamazoo - Hawthorn Landing . . . . . 81
Heritage Community of Kalamazoo - Meilland Square . . . . . 81
Hilten Group Home . . . . . 82
Kalamazoo County Veterans Service Office . . . . . 86
Kozy Komfort Assisted Living . . . . . 89
LakeHouse Coldwater . . . . . 89
LakeHouse Kalamazoo . . . . . 89
LakeHouse Three Rivers . . . . . 89
The Lakes at Portage . . . . . 89
Lakeview Assisted Living . . . . . 89
Laurels of Bedford . . . . . 90
Laurels of Coldwater . . . . . 90
Nazareth Center-Assisted Living . . . . . 95
NorthPointe Woods Senior Living Community . . . . . 96
The Oaks at Battle Creek . . . . . 102

# INDEX


Park Village Pines . . . . . 103
Plainwell Pines Nursing and Rehabilitation . . . . . 104
Residential Opportunities, Inc . . . . . 105
Seniors Helping Seniors . . . . . 107
Stanford Adult Care Lodge . . . . . 110
StoryPoint Oshtemo . . . . . 110
StoryPoint of Portage . . . . . 110
Vibrant Life Senior Living . . . . . 112
Vineyard Assisted Living . . . . . 113
White Oaks Assisted Living & Memory Care . . . . . 113
Woodland Terrace . . . . . 114
Woodside at Friendship Village . . . . . 114


## HOUSING RELATED SERVICES - Continuous Care

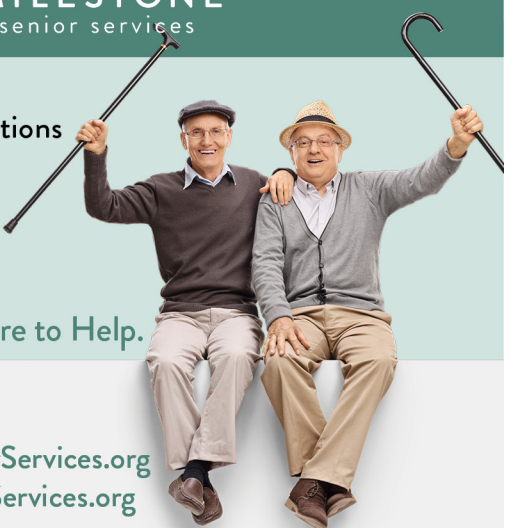

Alamo Cove Rehab and Nursing Center . . . . . 41
At Ease Senior Transitions LLC . . . . . 44
Best Life at Home Occupational Therapy . . . . . 53



MILESTONE
senior services

- Home Delivered Meals
- Home Accessibility Modifications
- Home Safety Assessments
- Home Repairs
- Companionship
- MI Choice Waiver

Discover Milestone. We're Here to Help.



(269) 382-0515
info@MilestoneSeniorServices.org
www.MilestoneSeniorServices.org

Milestone Senior Services is a 501(c)3, many clients qualify for grant-funded services.

# INDEX

Friendship Village Health Center . . . . . 76
The Lakes at Portage . . . . . 89
The Oaks at Battle Creek . . . . . 102
The Orchards at Three Rivers . . . . . 103
Park Village Pines . . . . . 103
Residential Opportunities, Inc . . . . . 105
Seniors Helping Seniors . . . . . 107
West Woods of Bridgman . . . . . 113

## HOUSING RELATED SERVICES - Independent Living

530 Rose Apartments . . . . . 40
The Anchored Bird Concierge . . . . . 43
At Ease Senior Transitions LLC . . . . . 44
Best Life at Home Occupational Therapy . . . . . 53
Carveth Village . . . . . 66
Centre Meadows Apartments . . . . . 66
City View in the Square . . . . . 68
Crossroads Village Apartments . . . . . 71
Friendship Village Independent Living . . . . . 77
Heritage Community of Kalamazoo - The Artisan . . . . . 81
Heritage Community of Kalamazoo - Ridge Creek . . . . . 82
Hope Woods . . . . . 83
Marshall House Apartments . . . . . 92
NorthPointe Woods Senior Living Community . . . . . 96
Northwind Apartments . . . . . 96
Park Village Pines . . . . . 103
Residential Opportunities, Inc . . . . . 105
Seniors Helping Seniors . . . . . 107
Skyrise Elderly Apartments . . . . . 107
Stadium Drive Apartments . . . . . 109
StoryPoint of Portage . . . . . 110
Village of Sage Grove . . . . . 112
Westland Meadows Apartments . . . . . 113
Work By Faith Homecare, LLC . . . . . 115

# INDEX

## HOUSING RELATED SERVICES - Memory Care


At Ease Senior Transitions LLC . . . . . 44
Best Life at Home Occupational Therapy . . . . . 53
Bickford Senior Living . . . . . 54
Brookdale Portage Memory Care . . . . . 64
Comstock Community Center . . . . . 70
Grainhouse Grove . . . . . 78
Heritage Community of Kalamazoo - Meilland Square . . . . . 82
Kalamazoo County Veterans Service Office . . . . . 86
The Lakes at Portage . . . . . 89
Laurels of Galesburg . . . . . 90
North Woods Village Memory Care . . . . . 96
NorthPointe Woods Senior Living Community . . . . . 96
Park Village Pines . . . . . 103
Seniors Helping Seniors . . . . . 107
StoryPoint Oshtemo . . . . . 110
StoryPoint of Portage . . . . . 110
Sue's Loving Care . . . . . 110
Vibrant Life Senior Living . . . . . 112
White Oaks Assisted Living & Memory Care . . . . . 113
Woodland Terrace . . . . . 114
Woodside at Friendship Village . . . . . 114


## HOUSING RELATED SERVICES - Subsidized Housing


530 Rose Apartments . . . . . 40
Battle Creek Housing Commission . . . . . 45
City View in the Square . . . . . 68
Crosstown Parkway Senior Community Apartments & Townhomes . . . . . 71
Dillon Hall Senior Apartments . . . . . 71
Evergreen North Apartments . . . . . 73
Marshall House Apartments . . . . . 92
Residential Opportunities, Inc . . . . . 105
Skyrise Elderly Apartments . . . . . 107
Stadium Drive Apartments . . . . . 109
Village of Sage Grove . . . . . 112
Westland Meadows Apartments . . . . . 113

# INDEX

## HOUSING RELATED SERVICES - Other


The Anchored Bird Concierge . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Ashley Sayles - Berkshire Hathaway Home Services . . . . . 44
At Ease Senior Transitions LLC . . . . . 44
Battle Creek VA Medical Center. . . . . 46
Berkshire Hathaway HomeServices Michigan Real Estate. . . . . 53
Building Blocks of Kalamazoo . . . . . 64
CarePatrol of Kalamazoo . . . . . 66
Centerwell Home Health . . . . . 66
College H.U.N.K.S. . . . . 68
Community Living Options . . . . . 70
EZE . . . . . 74
Grainhouse Grove . . . . . 78
Helping With Mom's Home . . . . . 81
Hospital Hospitality House of Southwest Michigan . . . . . 83
Housing Resources, Inc . . . . . 83
The Institute of Public Scholarship . . . . . 84
Kalamazoo County Veterans Service Office . . . . . 86
Kalamazoo Valley Habitat for Humanity . . . . . 88
Kathy Barnitz Jaqua Realtors SRES . . . . . 88
KNHS Home Ownership Services . . . . . 88
Life Care Center of Plainwell . . . . . 91
LMA Homes LLC . . . . . 92





EDWARD ROSE & SONS

55+ COMMUNITY IN PORTAGE

NEWPORT VILLAGE

ENJOY THE PERFECT BALANCE BETWEEN STAYING ACTIVE AND KEEPING COMFORTABLE IN YOUR NEW HOME.

+269-323-7688 newportvillage-apartments.com

# INDEX

Long Term Care Ombudsman Program . . . . . 92
Michigan Department of Health and Human Services – Adult Services . . . . . 93
Mulder's Moving and Storage . . . . . 95
Newport Village . . . . . 95
The Oaks at Battle Creek . . . . . 102
Revanth Bobba, Realtor - Berkshire Hathaway Home Services . . . . . 105
Senior Living Family Advocate LLC . . . . . 107
Worthwhile Home Organizing and Staging . . . . . 114

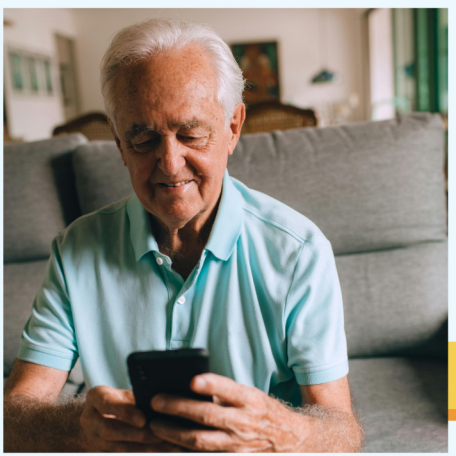
## INFORMATION AND ASSISTANCE

American Cancer Society . . . . . 42
The Anchored Bird Concierge . . . . . 43
Antwerp Township Senior Services . . . . . 43
Area Agency on Aging, Region 3C . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Ashley Sayles - Berkshire Hathaway Home Services . . . . . 44
At Ease Senior Transitions LLC . . . . . 44
Barry County Commission on Aging . . . . . 45
Battle Creek Pride . . . . . 46
Burnside Center - Branch County Commission on Aging . . . . . 64
Calhoun County Senior Services . . . . . 65
CareWell Services Southwest . . . . . 66
Centrica Care Navigators . . . . . 67
College H.U.N.K.S. Hauling Junk, Moving and Storage . . . . . 68
Comfort Keepers . . . . . 68
Community Health Agency . . . . . 69
Comstock Community Center . . . . . 70
Deaf and Hard of Hearing Services . . . . . 71
Disability Network Southwest Michigan . . . . . 72
Ecumenical Senior Center . . . . . 72
El Concilio . . . . . 72
ELDERCARE Locator . . . . . 73
Forks Senior Center . . . . . 75
Fountain Clinic . . . . . 75
Goodwill Industries of Southwestern Michigan . . . . . 77
Great Lakes Virtual Advantage . . . . . 78

# INDEX


Gryphon Place . . . . . 78
Heritage Commons Senior Enrichment Center . . . . . 81
Home Connection Therapy . . . . . 82
Housing Resources, Inc . . . . . 83
Innovare HP . . . . . 84
Kalamazoo Behavioral Health Hospital . . . . . 85
Kalamazoo Community Foundation . . . . . 85
Kalamazoo County Area Agency on Aging . . . . . 86
Kalamazoo County Health & Community Services Department . . . . . 86
Kalamazoo County Veterans Service Office . . . . . 86
Kalamazoo Public Library . . . . . 88
Kempf Family Funeral and Cremation Services . . . . . 88
KNHS Home Ownership Services . . . . . 88
Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Long Term Care Ombudsman Program . . . . . 92
Medicare Counseling program . . . . . 92
Memory Bright . . . . . 93
Michigan Department of Health and Human Services – Adult Services . . . . . 93
Michigan Veterans Affairs Agency . . . . . 94
Miles for Memories . . . . . 94
Milestone Senior Services . . . . . 94
NorthPointe Woods Senior Living Community . . . . . 96
Oakwood Neighborhood Association . . . . . 102





GRYPHON PLACE 2·1·1 9·8·8

2-1-1 is a one-stop source that connects you to community resources

Call 2-1-1
Any day. Any time.
Gryphon.org/211

# INDEX

Operation Heaven Sent - Non-Profit Corporation . . . . . 102
OutFront Kalamazoo . . . . . 103
Paw Paw District Library . . . . . 103
Portage District Library . . . . . 104
Portage Zhang Senior Center . . . . . 104
S.A.F.E Place . . . . . 106
Salvation Army-Kalamazoo Corps . . . . . 106
Senior Health Partners . . . . . 107
Senior Living Family Advocate LLC . . . . . 107
Seniors Helping Seniors . . . . . 107
South County Community Services . . . . . 108
Tax Information for Seniors and Retirees . . . . . 110
Union City Senior Center . . . . . 111
United Way of South Central Michigan . . . . . 111
Van Buren Conservation District . . . . . 112
Western Michigan University Unified Clinics . . . . . 113

## LEGAL SERVICES

Attorney Laura Volkmann of Herbert Machnik Law Firm . . . . . 44
Battle Creek Pride . . . . . 46
Burnside Center - Branch County Commission on Aging . . . . . 64
Calhoun County Senior Services . . . . . 65
CareWell Services Southwest . . . . . 66
DeMent and Marquardt, PLC . . . . . 71
Hamilton Law . . . . . 79
Kalamazoo Public Library . . . . . 88
Kempf Family Funeral and Cremation Services . . . . . 88
Law Office of Jessica Brandow, PLLC . . . . . 90
Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Legal Aid of Western Michigan . . . . . 91
Legal Hotline for Michigan Seniors . . . . . 91
Q Elderlaw . . . . . 105
S.A.F.E Place . . . . . 106
South County Community Services . . . . . 108
Wieringa, William R. P.C . . . . . 114
Willis Law Attorneys and Counselors . . . . . 114

# INDEX

## MEDICAL SUPPLIES AND SERVICES


A+ Jones Financial Group . . . . . 40
The Anchored Bird Concierge . . . . . 43
Antwerp Township Senior Services . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Armor Physical Therapy . . . . . 44
Beltone . . . . . 53
Bronson at Home Infusion Services . . . . . 57
Bronson Constance Brown Hearing Center . . . . . 55
Bronson Imaging Services . . . . . 58
Bronson Infusion Services . . . . . 59
Bronson Laboratory Services . . . . . 58
Bronson On-Demand Video Visit . . . . . 59
Burnside Center - Branch County Commission on Aging . . . . . 64
Captel Captioned Telephones . . . . . 65
CareWell Services Southwest . . . . . 66
Clock Mobility . . . . . 68
Competitive Hearing . . . . . 70
Deaf and Hard of Hearing Services . . . . . 71
Ernstes Insurance Solutions . . . . . 73
Eye Mart Express . . . . . 74
Gresham Driving Aids . . . . . 78
Headstrong Physical Therapy . . . . . 80
Heart to Heart Hospice . . . . . 80
Langeland Family Funeral Homes Burial & Cremation Services . . . . . 90
Lending Hands of Michigan . . . . . 91
Michigan Department of Health and Human Services – Adult Services . . . . . 93
NorthPointe Woods Senior Living Community . . . . . 96
NovaCare Rehabilitation (Physical Therapy) . . . . . 96
Oaklawn Imaging Services . . . . . 101
Oaklawn Laboratory Services . . . . . 101
The Oaks at Battle Creek . . . . . 102
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
Optimal Care . . . . . 103
Senior Care Partners PACE . . . . . 106
Southwest Michigan Hearing Services . . . . . 109

# INDEX

The Therapy Place . . . . . 111
Western Michigan University Unified Clinics . . . . . 113
Wright & Filippis . . . . . 115

## PHARMACEUTICAL ASSISTANCE

The Anchored Bird Concierge . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
At Ease Senior Transitions LLC . . . . . 44
Bronson Outpatient Pharmacies . . . . . 60
Burnside Center - Branch County Commission on Aging . . . . . 64
Family Health Center- Alcott . . . . . 74
Family Health Center- Burdick . . . . . 74
Family Health Center- Paterson . . . . . 74
Fountain Clinic . . . . . 75
Fred's Pharmacy . . . . . 75
NorthPointe Woods Senior Living Community . . . . . 96
Oaklawn Outpatient Pharmacy – Marshall . . . . . 401
The Oaks at Battle Creek . . . . . 102

## REHABILITATION

Alamo Cove Rehab and Nursing Center . . . . . 41
Best Life at Home Occupational Therapy . . . . . 53
Cheff Therapeutic Riding Center . . . . . 68
Friendship Village Rehabilitation Center . . . . . 77
Goodwill Industries of Southwestern Michigan . . . . . 77
Heritage Community of Kalamazoo - Upjohn Community Care Center
Skilled Care and Rehabilitation Services . . . . . 82
KNHS Home Ownership Services . . . . . 88
The Lakes at Portage . . . . . 89
Laurels of Galesburg . . . . . 90
Marshall Nursing and Rehabilitation Community . . . . . 92
Medilodge of Kalamazoo . . . . . 92
Medilodge of Marshall . . . . . 93
Medilodge of Portage . . . . . 93
Medilodge of Westwood . . . . . 93
Memory Bright . . . . . 93
Nazareth Center – Assisted Living . . . . . 95

NovaCare Rehabilitation (Physical Therapy) . . . . . 96
Oaklawn Physical Rehabilitation Services . . . . . 102
The Oaks at Battle Creek . . . . . 102
Plainwell Pines Nursing and Rehabilitation . . . . . 104
Vascular Health Center . . . . . 112
West Woods of Bridgman . . . . . 113
Western Michigan University Unified Clinics . . . . . 113

## SAFETY

American Red Cross, Southwest Michigan Chapter . . . . . 42
The Anchored Bird Concierge . . . . . 43
Antwerp Township Senior Services . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
At Ease Senior Transitions LLC . . . . . 44
Battle Creek Pride . . . . . 46
Best Life at Home Occupational Therapy . . . . . 53
Building Blocks of Kalamazoo . . . . . 64
Calhoun County Senior Services . . . . . 65
Comfort Keepers . . . . . 68
Home Connection Therapy . . . . . 82
Inspired Organizing . . . . . 84
Kalamazoo Valley Habitat for Humanity . . . . . 88
KNHS Home Ownership Services . . . . . 88
Michigan Department of Health and Human Services – Adult Services . . . . . 93
Miles for Memories . . . . . 94
S.A.F.E Place . . . . . 106
Seniors Helping Seniors . . . . . 107
Touching Hearts at Home . . . . . 111
Worthwhile Home Organizing and Staging . . . . . 114

## TRANSPORTATION

Advantage Private Nursing Services, Inc . . . . . 41
American Red Cross, Southwest Michigan Chapter . . . . . 42
The Anchored Bird Concierge . . . . . 43
Antwerp Township Senior Services . . . . . 43
Area Agency on Aging, Region IV . . . . . 43
Area Wide Transport . . . . . 44

# INDEX


**Register to Ride!**
**(269) 337 - 8222**




METRO CONNECT

*Anyone, any reason, anywhere in Kalamazoo County!*

- Curb-to-curb, shared-ride transportation
- Serves all Kalamazoo County, plus the VA Hospital in Battle Creek
- Reduced fare for seniors 62+ and individuals with disabilities

KMETRO.COM • 530 N. Rose St., Kalamazoo, MI 49007



At Ease Senior Transitions LLC . . . . . 44
Battle Buddy Mobility Transport, LLC . . . . . 45
Burnside Center - Branch County Commission on Aging . . . . . 64
Calhoun County Senior Services . . . . . 65
CareWell Services Southwest . . . . . 66
Comfort Keepers . . . . . 68
Community Action Agency of South Central Michigan . . . . . 69
Ecumenical Senior Center . . . . . 72
Fresh Perspective Home Care . . . . . 76
Gresham Driving Aids . . . . . 78
Kalamazoo County Veterans Service Office . . . . . 86
Metro Connect . . . . . 93
The Oaks at Battle Creek . . . . . 102
On Eagle Wings LLC . . . . . 102
Senior Care Partners PACE . . . . . 106
Shepherd's Center of Greater Kalamazoo . . . . . 107
South County Community Services . . . . . 108
St. Joseph Transportation Authority . . . . . 109


## UNHOUSED SERVICES


Kalamazoo Gospel Ministries . . . . . 87
Operation Heaven Sent - Non-Profit Corporation . . . . . 102
S.A.F.E Place . . . . . 106
Western Michigan University Unified Clinics . . . . . 113

CommunityAction

# Become a Senior Volunteer







The Senior Volunteer Program, is an opportunity for individuals, aged 55 and older, to help build critical skills and appropriate development of our community's youth.

By sharing time and experience, Senior Volunteers can help children learn how to read, prepare younger students for school readiness, tackle tough subjects and make decisions that keep them on the right path.

**Review our qualifications online and fill out an application today!**
**www.caascm.org/foster-grandparent-program**

## Senior Volunteer Benefits Include:

- Travel provisions/reimbursement
- One nutritious meal per day
- Annual health appraisal
- Excess accident insurance coverage
- Ongoing training and professional development
- Hourly tax exempt stipend

Scan me

AmeriCorps Seniors

For more information, please visit us at www.caascm.org or call: (269) 965-7768 or scan our QR Code for quick access.

# Additional Senior Programs

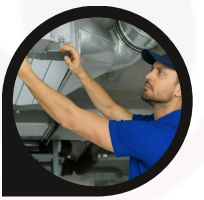
## Transportation Services



Transportation is provided by professional and courteous Community Action staff. Currently only available in Calhoun County. Vans with and without lifts are available to transport seniors over age 60 and disabled persons 18 years of age and over to medical appointments, employment sites, congregate meal centers, grocery shopping, and other necessary trips.
*Qualifications apply.

Rides for Wellness: Out county rides to medical doctor appointments only. Rides are limited to Kalamazoo, Jackson, Ann Arbor, & Lansing. Subject to availability.

## Senior Minor Home Repair



The senior minor home repair program is designed to help with both emergency repairs and non-emergency home repairs. Intended to help prevent or remedy safety hazards. This program provides permanent restoration or renovation to extend the life of the home. It may include structural changes but does not include aesthetic changes, chores, or maintenance items. Available in Calhoun County.
*Qualifications apply.

## Commodity Supplemental Food Program



The Commodity Supplemental Food Program provides nutritious food for income eligible seniors. People average 4 to 16 boxes a year with each box valued at approximately $50. Requirements include; Applicants at least 60 years of age, residing in service area and meet income eligibility. Available in Barry, Calhoun, Hillsdale, Jackson, and Lenawee.
*Qualifications apply.

U.S. Department of Health & Human Services, U.S. Department of Education and private donations from people like you. This institution is an equal opportunity provider. Equal Opportunity Employer.

# City View in the Square

## Affordable senior living in Kalamazoo

## 1 bedroom vacancies

**Call today!**
**(269) 344-1681**

Housing Choice Vouchers are accepted



CSI SUPPORT & DEVELOPMENT
*Affordable Rental Communities for Seniors*

## 710 Collins Street, Kalamazoo, MI 49001

As a mission-driven non-profit with 80 years of experience, we provide the highest quality in rental housing for seniors.

**A community of your peers where you can live and thrive.**



- Updated kitchen & appliances
- Upgraded heating & cooling
- Salon, gym, mail area, sundries shop, laundry room and community room

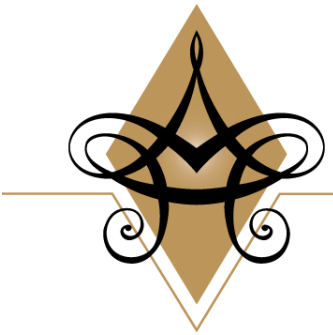




**Find out more about us at www.csi.coop**

# DIRECTORY

The DIRECTORY section of this guide is organized alphabetically. If you know the name of the agency you are looking for, find it here. If you are looking for a service provider and don't have one in mind, use the INDEX starting on page 9 to find the service category leading to a list of provider names.



ABSOLUTE HOMECARE

and Medical Staffing

Living Your Life at Home!

AbsoluteHomecare.info 269.324.8080

## 1ST SOURCE BANK

2381 W Center Ave, Portage, MI 49024 | (269) 569-8094
113 E Michigan Ave, Kalamazoo, MI 49007 | (269) 345-1213
www.1stsource.com
*1st source delivers trusted community banking with personalized expertise.*

## 530 ROSE APARTMENTS

530 S Rose St, Kalamazoo, MI 49007
(269) 760-0842
*Start your next chapter at this beautiful new downtown community.*

## A+ JONES FINANCIAL GROUP

Michigan and Florida
(269) 366-1906
free-4333537.webador.com
*Medicare- Life/Health/Annuity/Group/Individual & Business Insurance professional.*

## AARP FOUNDATION SCSEP

535 S Burdick St, Ste 165, Kalamazoo, MI 49007
(269) 381-5648
www.aarp.org
*Work training program for older adults 55+.*

## ABSOLUTE HOMECARE AND MEDICAL STAFFING

8080 Moorsbridge Rd, Ste 201, Portage, MI 49024
(269) 324-8080
www.absolutehomecare.info
*Personal, custodial & concierge services, helping individuals live life at home. See ad on page 40.*

## ADAMS-REDMOND FUNERAL HOMES AND CREMATION SERVICES

2300 E G Ave, Parchment, MI 49004
(269) 349-7735

4100 S Westnedge Ave, Kalamazoo, MI 49008
(269) 343-6156
www.adamsredmond.com

502 W Michigan Ave, Paw Paw, MI 49079
(269) 657-6347
www.adamspawpaw.com
*Superior service and compassionate support for a dignified, memorable farewell. See ad on back cover.*

## ADVANTAGE PRIVATE NURSING SERVICES, INC.

524 W Centre Ave, Portage, MI 49024
(269) 324-1180
www.advantageprivatenursing.com
*In-home services to support individuals aging in place.*

## ADVISACARE HOME HEALTH AND HOSPICE

5401-1A Portage Rd, Portage, MI 49002
(269) 372-7725
www.advisacare.com
*Caring for you with skilled nursing, therapy, and personal care.*

## ALAMO COVE REHAB AND NURSING CENTER

8290 W C Ave, Kalamazoo, MI 49009
(269) 343-2587
www.alamocove.com
*Personalized care & rehabilitation for healing and comfort.*

## ALBION HEALTH CARE ALLIANCE

115 Market Place, Albion, MI 49224
(517) 629-5080
www.albionhca.org
*Community Table of Albion food distribution program.*

## ALZHEIMER'S ASSOCIATION MICHIGAN CHAPTER

Katey Carrier - Southwest Regional Development Manager covering Kalamazoo, Calhoun, & Berrien Counties
(269) 213-8087
200 Turwill Ln, Ste 6, Kalamazoo, MI 49006
act.alz.org/walk
*Supporting Southwest Michigan in support, advocacy, and education.*
*See ad below.*

## AMERICAN CANCER SOCIETY

24/7 Information: (800) 227-2345
www.cancer.org
*"Having cancer is hard. Getting help shouldn't be!"*

## AMERICAN RED CROSS, SOUTHWEST MICHIGAN CHAPTER

5640 Venture Ct, Kalamazoo, MI 49009
(269) 353-6180
www.redcross.org | www.redcrossblood.org
*Volunteers constitute 90% of our humanitarian workforce. Join us today!*


**WALK TO END ALZHEIMER'S**
Join us at one of three Southwest Michigan Walks this fall.

WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION

**Registration begins at 10:00 a.m. at all three Walks.**

| | | |
|---|---|---|
| BERRIEN COUNTY SEPTEMBER 26 | **Lake Bluff Park** | 201 Lake Blvd., St. Joseph, MI 49085 act.alz.org/berriencounty |
| CALHOUN COUNTY OCTOBER 3 | **Squirrel Hollow Golf Course** | 12111 Helmer Rd. S., Battle Creek, MI 49015 act.alz.org/calhouncounty |
| KALAMAZOO COUNTY OCTOBER 17 | **Bronson Park** | 200 S. Rose St., Kalamazoo, MI 49007 act.alz.org/kalamazoo |

**Register, volunteer or donate today.**

## THE ANCHORED BIRD CONCIERGE

(269) 873-7792
www.yourhomeanchored.com
*Helping seniors live independently in their homes, with support.*

## ANTWERP TOWNSHIP SENIOR SERVICES

24821 Front Ave, Mattawan, MI 49071
(269) 668-2615 x208
www.antwerptownshipmi.gov
*Exercise and craft classes, luncheons, fun trips, and many activities.*

## THE ARC COMMUNITY ADVOCATES

814 S Westnedge Ave, Kalamazoo, MI 49008
(269) 342-9801
www.communityadvocates.org
*Advocacy services for individuals that experience a disability.*

## ARCADIA HOME CARE & STAFFING

669 Romence Rd, Portage, MI 49024
(269) 384-6988
www.arcadiahomecare.com
*Home health agency.*

## AREA AGENCY ON AGING, REGION 3C

570 N Marshall Rd, Coldwater, MI 49036
(517) 278-2538 | Toll Free (888) 615-8009
www.bhsj.org/aaa
*Serving older adults, adults with disabilities, and caregivers in Branch and St. Joseph Counties.*

## AREA AGENCY ON AGING, REGION IV

2900 Lakeview Ave, St Joseph, MI 49085
1 (800) 654-2810
www.areaagencyonaging.org
*Aging & disability services for Berrien, Cass, Van Buren counties.*

## AREA WIDE TRANSPORT

12636 US 131, Schoolcraft, MI 49087
(269) 679-6999
www.areawidetransport.com
*Non-Emergency Medical Transport.*

## ARMOR PHYSICAL THERAPY

13 locations across Southwest Michigan - See website for full list
(269) 359-1251
www.armorpt.com
*Comprehensive physical therapy for pain relief, recovery, and wellness.*

## ASHLEY SAYLES, REALTOR - BERKSHIRE HATHAWAY HOME SERVICES

6312 Stadium Dr, Kalamazoo, MI 49009
(269) 615-0322
ashleysayles.bhhsmichiganrealestate.com
*Senior Real Estate Specialist, with services tailored to you!*

## AT EASE SENIOR TRANSITIONS, LLC

Calhoun County, MI
(269) 967-0678
www.ateaseseniortransitions.com

## ATTORNEY LAURA VOLKMANN OF HERBERT MACHNIK LAW FIRM

5830 Venture Park Dr, Kalamazoo, MI 49009
(269) 459-1432
www.hmlf.law
*Elder Law, Probate, Guardianships, Medicaid, Trusts, Estate Planning.*

## AVANTI INSURANCE AGENCY

6011 W River Dr NE, Ste C, Belmont, MI 49306
(616) 600-0447
www.avanti-ins.com
*Independent Insurance Agency - Auto, Home, Health, Life, Medicare.*

## AVINK, MCCOWEN, & SECORD FUNERAL HOMES AND CREMATION SOCIETY

120 S Woodhams St, Plainwell, MI 49080 | (269) 685-5881
5975 Lovers Ln, Portage, MI 49002 | (269) 344-5600
129 S Grand St, P.O. Box 417, Schoolcraft, MI 49087 | (269) 679-5622
409 S Main St, Vicksburg, MI 49097 | (269) 649-1697
www.amsfuneralhomes.com
*With four locations to serve the needs of southwest Michigan.*

## BACK TO HEALTH CHIROPRACTIC CLINICS

1930 W Milham Ave, Ste D, Portage, MI 49004
(269) 345-2273
bthclinics.com/portage
*Chiropractic clinic with muscle therapies.*

## BARRY COUNTY COMMISSION ON AGING

2625 E M79, Hastings, MI 49058
(269) 948-4856
www.barrycounty.org
*Providing innovative services and resources to promote and support independence.*

## BARRY COUNTY COMMUNITY MENTAL HEALTH AUTHORITY

500 Barfield Dr, Hastings, MI 49058
(269) 948-8041 | (866) 266-4781
www.barrycountyrecovery.com
*We offer behavioral health services in a comfortable, accessible setting and participate with most insurances, including Medicare and Medicare Advantage plans!*

## BATTLE BUDDY MOBILITY TRANSPORT, LLC

1320 E Columbia Ave, Battle Creek, MI 49014
(269) 719-2501
battlebuddymobility.com
*Non-emergency medical transportation.*

## BATTLE CREEK HOUSING COMMISSION

250 W Champion St, Battle Creek, MI 49037
(269) 965-0591
www.battlecreekhousing.org
*Helping low-income families find housing.*

## BATTLE CREEK PRIDE

104 Calhoun St, Battle Creek, MI 49017
(269) 209-9622
www.battlecreekpride.org
*Battle Creek Pride is a safe and inclusive space dedicated to advocating for the rights and well-being of 2SLGBTQ+ individuals, as well as all marginalized communities. We are committed to fostering a supportive environment where people of all identities can thrive.*

## BATTLE CREEK VA MEDICAL CENTER

5500 Armstrong Rd, Battle Creek, MI 49037
(269) 966-5600
www.va.gov/battle-creek-health-care/
*Contact our Enrollment/Eligibility staff at ext. 33887 to find out more.*


Retired? . . . . . Volunteer!





AmeriCorps Seniors




We need you, and so do others!

**People in your community need you!**

The AmeriCorps Seniors RSVP program at **Milestone Senior Services** connects people who are 55 and older to volunteer opportunities throughout Kalamazoo & Calhoun counties.

Call us today to find out how you can get started helping in your community! **(269) 382-0515**

MILESTONE
senior services

## BEACON HEALTH SYSTEM

*BARIATRICS*

### BEACON KALAMAZOO BARIATRIC CENTER

1717 Shaffer St, Ste 124, Kalamazoo, MI 49048 | (269) 226-5456

*GASTROENTEROLOGY*

### BEACON GASTROENTEROLOGY & HEPATOLOGY

1535 Gull Rd, Ste 105, Kalamazoo, MI 49048 | (269) 385-9900
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 381-9691
2520 Robert Jones Wy, Kalamazoo, MI 49009 | (269) 385-9900

*HEALTH & FITNESS*

### BEACON HEALTH & FITNESS

3025 Gull Rd, Kalamazoo, MI 49048 | (269) 552-2348
501 South Health Pkwy, Three Rivers, MI | (269) 278-8722

*HEART CARE*

### BEACON HEART INSTITUTE

1722 Shaffer St, Ste 101, Kalamazoo, MI 49048 | (269) 381-3963
7901 Angling Rd, Portage, MI 49024 | (269) 381-3963
551 Linn St, Ste 110, Allegan, MI 49024 | (269) 381-3963
3035 Capital Ave SW, Battle Creek, MI 49015 | (269) 565-9150
30 S Howell St, Hillsdale, MI 49242 | (269) 381-3963
215 E Mansion St, Ste 3B, Marshall, MI 49068 | (269) 381-3963
671 W Allegan St, Plainwell, MI 49080 | (269) 381-3963
8450 N 32nd St, Richland, MI 49083 | (269) 381-3963
600 Lakeview Ave, Ste 105, Sturgis, MI 49091 | (269) 381-3963
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 381-9665
360 E Chicago St, Coldwater, MI 49036 | (517) 279-6340
420 Main St, Dowagiac, MI 49047 | (269) 381-3963

### BEACON CARDIOTHORACIC SURGERY

1722 Shaffer St, Ste 2, Kalamazoo, MI 49048 | (269) 343-1555

### BEACON HEART FAILURE CLINIC

1722 Shaffer St, 3rd Floor, Kalamazoo, MI 49048 | (269) 381-3963

## *BEACON HEALTH SYSTEM (continued)*

### BEACON ANTICOAGULATION & DEVICE CLINIC

1722 Shaffer St, 3rd Floor, Kalamazoo, MI 49048 | (269) 226-7122
3035 Capital SW, Battle Creek (BHP), MI 49015 | (269) 226-7122
360 E Chicago, Ste 108, Coldwater, MI 49036 | (269) 226-7122

### BEACON CARDIO-ONCOLOGY

2520 Robert Jones Wy, Kalamazoo, MI 49009 | (269) 381-3963

### BEACON STRUCTURAL HEART CLINIC

1722 Shaffer St, Ste 1, Kalamazoo, MI 49048 | (269) 381-3963

### BEACON ELECTROPHYSIOLOGY CLINIC

1722 Shaffer St, 3rd Floor, Kalamazoo, MI 49048 | (269) 226-5181

### BEACON HEART INSTITUTE - DIAGNOSTICS

1722 Shaffer, 2nd Floor, Kalamazoo, MI 49048 | (269) 567-2411

*DIABETES AND ENDOCRINOLOGY*

### BEACON DIABETES & ENDOCRINE CENTER

3025 Gull Rd, Kalamazoo, MI 49048 | (269) 226-8321
1722 Shaffer St, Ste 1 Kalamazoo, MI 49048 | (269) 226-8321

*GENERAL SURGERY (BREAST, COLORECTAL, GENERAL & TRAUMA)*

### BEACON SURGICAL SPECIALTIES

1717 Shaffer St, North Professional Building, Ste #124, Kalamazoo, MI 49048 | (269) 226-5456
2520 Robert Jones Wy, Kalamazoo, MI | (269) 226-5456
420 W High St, Dowagiac, MI 49047 | (269) 226-5456
555 Linn St, Ste 250, Allegan, MI 49010 | (269) 226-5456
715 S Health Pkwy, Three Rivers, MI | (269) 273-8471

*HOSPITAL*

### BEACON ALLEGAN

555 Linn St, Allegan, MI 49010 | (269) 673-8424

### BEACON DOWAGIAC

420 W High St, Dowagiac, MI 49047 | (269) 782-8681

### BEACON KALAMAZOO

1521 Gull Rd, Kalamazoo, MI 49048 | (269) 226-7000

### BEACON PLAINWELL
411 Naomi St, Plainwell, MI 49080 | (269) 685-0700

### BEACON THREE RIVERS
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 278-1145

*INTERNAL MEDICINE/FAMILY MEDICINE*

### BEACON FAMILY MEDICINE & PEDIATRICS - ALLEGAN
551 Linn Street, Allegan MI 49010 | (269) 686-5800

### BEACON FAMILY & INTERNAL MEDICINE - BATTLE CREEK
3035 Capital Avenue SW, Battle Creek, MI 49015 | (269) 565-9120

### BEACON FAMILY & INTERNAL MEDICINE - KALAMAZOO
1535 Gull Rd, Ste 205, Kalamazoo, MI 49048 | (269) 343-7296

### BEACON FAMILY MEDICINE - PORTAGE
7775 Angling Rd, Portage, MI 49024 | (269) 324-8670

### BEACON FAMILY MEDICINE & PEDIATRICS - PLAINWELL
345 Naomi St, Plainwell, MI 49080 | (269) 552-0100

### BEACON FAMILY MEDICINE - RICHLAND
8450 N 32nd St, Richland, MI 49083 | (269) 552-2500

### BEACON FAMILY MEDICINE - THREE RIVERS
1241 W Broadway, Three Rivers, MI 49093 | (269) 273-9539

### BEACON FAMILY MEDICINE & PEDIATRICS - PORTAGE
7901 Angling Rd, Portage, MI 49024 | (269) 324-8600

### BEACON WESTSIDE FAMILY MEDICINE
2520 Robert Jones Wy, Kalamazoo, MI 49009 | (269) 375-0400

### BEACON FAMILY & INTERNAL MEDICINE - STURGIS
1555 E Chicago Rd, Sturgis, MI 49091 | (269) 663-4108

### BEACON GOBLES CLINIC
406 N State St, Gobles, MI 49055 | (269) 628-2196

### BEACON FAMILY MEDICINE & PEDIATRICS - DOWAGIAC
420 W High St, Dowagiac, MI 49047 | (269) 783-2080 | (269) 783-3052

## *BEACON HEALTH SYSTEM (continued)*

### THREE RIVERS HEALTH CENTER FOR FAMILY MEDICINE
850 S Health Pkwy, Three Rivers, MI 49093 | (269) 279-5240

### THREE RIVERS FAMILY CARE
721 6th Ave, Ste B, Three Rivers, MI 49093 | (269) 273-9782

### THREE RIVERS HEALTH FAMILY & INTERNAL MEDICINE
711 South Health Pkwy, Three Rivers, MI 49093 | (269) 273-8557

*LABORATORY*

### BEACON LABORATORIES
7901 Angling Rd, Portage, MI 49024 | (269) 324-8418
555 Linn St, Allegan, MI 49010 | (269) 686-4030
3035 Capital Avenue SW, Battle Creek, MI 49015 | (269) 565-9100
420 W High St, Dowagiac, MI 49047 | (269) 783-3020
411 Naomi St, Plainwell, MI 49080 | (269) 685-0746
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 381-9675

*NEUROLOGY AND NEUROSURGERY*

### BEACON NEUROLOGY
1541 Gull Rd, Ste 100, Kalamazoo, MI 49048 | (269) 381-7380
570 Linn St, Allegan, MI 49010 | (269) 381-7380
360 E Chicago St, Ste 108, Coldwater, MI 49036 | (269) 381-7380
215 E Mansion, Ste 1-H, Marshall, MI 49068 | (269) 381-7380
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 381-7380
3035 Capital SW, Battle Creek, MI 49015 | (269) 381-7380

### BEACON NEUROSURGERY
1541 Gull Rd, Ste 200, Kalamazoo, MI 49048 | (269) 343-1264
360 E Chicago St, Ste 108, Coldwater, MI 49036 | (269) 343-1264

### BEACON STROKE & TIA CLINICS
1541 Gull Rd, Ste 100, Kalamazoo, MI 49048 | (269) 381-7380

*ONCOLOGY*

### BEACON CANCER CENTER
2520 Robert Jones Wy, Kalamazoo, MI 49009 | (269) 552-0420
555 Linn St, Allegan, MI 49010| (269) 552-0420
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 552-0420

*ORTHOPEDICS*

### BEACON BONE & JOINT SPECIALISTS

2490 S 11th St, Kalamazoo, MI 49009 | (269) 343-1535
1521 Gull Rd, Kalamazoo, MI 49045 | (269) 343-1535
551 Linn St, Ste 220, Allegan, MI 49010 | (269) 343-1535
1021 Hill Street, Ste 300, Three Rivers, MI 49093 | (269) 858-3024

*PAIN MANAGEMENT*

### BEACON ALLEGAN PAIN MANAGEMENT CENTER

570 Linn St, #2, Allegan, MI 49010 (269) 686-4300

*PHARMACY*

### BEACON PHARMACY

1521 Gull Rd, Kalamazoo, MI 49048 | (269) 226-8336
7901 Angling Rd, Portage, MI 49024 | (269) 324-8409

*REHABILITATION/LONG TERM CARE*

### BEACON REHABILITATION

3025 Gull Road, Kalamazoo, MI 49048 | (269) 552-223
2490 S 11th St, Kalamazoo, MI 49009 | (269) 226-4949
576 Linn St, Allegan, MI 49010 | (269) 686-4070
3035 Capital Avenue SW, Battle Creek, MI 49015 | (269) 565-9292
420 W High St, Dowagiac, MI 49047 | (269) 783-3041
407 Naomi St, Plainwell, MI 49080 | (269) 685-0781
501 Health Pkwy, Three Rivers, MI 49093 | (269) 273-9682

### BEACON PALLIATIVE CARE SERVICES

2520 Robert Jones Wy, Kalamazoo, MI 49009 | (269) 633-4032
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 278-6108

*SLEEP MEDICINE*

### BEACON PULMONARY & SLEEP MEDICINE

1535 Gull Rd, Ste 130, Kalamazoo, MI 49048 | (269) 345-1161
420 W High Street, Dowagiac, MI 49047 | (269)345-1161
3035 Capital Avenue SW, Battle Creek, MI 49015 | (269) 345-1161
555 Linn St, Allegan, MI 49010 | (269) 345-1161
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 273-9816

## *BEACON HEALTH SYSTEM (continued)*

*URGENT CARE*

### BEACON WOODBRIDGE IMMEDIATE CARE

7901 Angling Rd, Portage, MI 49027 | (269) 324-8405
www.ascension.org/michigancare
*Providing care for non-life-threatening minor illnesses and injuries.*

### BEACON ALLEGAN - WALK-IN CENTER

551 Linn St, Ste 160, Allegan, MI 49010 | (269) 686-5858

### THREE RIVERS IMED

16587 Enterprise Drive #2, Three Rivers, MI 49093 | (269) 279-6700

*VASCULAR SURGERY*

### BEACON KALAMAZOO THE SURGICAL GROUP

1535 Gull Rd, Ste 020, Medical Specialties Building, Ste 250, Kalamazoo, MI 49048 | (269) 381-4527

*WEIGHT MANAGEMENT*

### BEACON KALAMAZOO BARIATRIC CENTER & MEDICAL WEIGHT MANAGEMENT CLINIC

1717 Shaffer St, North Professional Building, Ste 124, Kalamazoo, MI 49048 | (269) 226-5456

*WOMEN'S HEALTH*

### BEACON BREAST CENTER

1535 Gull Rd, Ste 030, Kalamazoo, MI 49048 | (269) 226-6734

### BEACON WOMEN'S HEALTH

1535 Gull Rd, Ste 250, Kalamazoo, MI 49048 | (269) 226-5927
7901 Angling Rd, Ste 1, Portage, MI 49024 | (269) 321-7000

### THREE RIVERS WOMEN'S SERVICES

711 S Health Pkwy, Three Rivers, MI 49093 | (269) 273-6400

*WOUND & HYPERBARIC*

### BEACON WOUND AND HYPERBARIC CENTER

1717 Shaffer St, North Prof Bldg, Ste 202, Kalamazoo, MI, 49048 | (269) 552-0014
551 Linn St, Allegan, MI | (269) 552-0014
711 S Health Pkwy, Three Rivers, MI 49093 | (269) 273-9600

## Senior Companion Program

Milestone Senior Services' Senior Companion Program matches volunteers with older adults who are in need of social interaction. Our Senior Companion Program connects people with in-person visits, phone visits, or a combination of both.

Find Your Companion Today!



(269) 382-0515 x127
MilestoneSeniorServices.org

AmeriCorps Seniors

MILESTONE senior services


### BELTONE

5350 E Beckley Ave, Ste E, Battle Creek, MI 49015
(269) 979-7950
*Free hearing evaluations.*

### BERKSHIRE HATHAWAY HOMESERVICES MICHIGAN REAL ESTATE

6312 Stadium Dr, Kalamazoo, MI 49009
(269) 488-0133
bhhsmipm.com/
*Senior community specialist, let us help you buy or sell!*

### BEST LIFE AT HOME OCCUPATIONAL THERAPY

(269) 440-0456
www.bestlifeot.com
*Providing personalized private pay occupational therapy in your home.*

## BETZLER LIFE STORY FUNERAL HOMES

6080 Stadium Dr, Kalamazoo, MI 49009
(269) 375-2900
www.betzlerlifestory.com
*The Celebration of Life Experts.*

## BETZLER & THOMPSON LIFE STORY FUNERAL HOME–PAW PAW

60900 M-40 Highway, Paw Paw, MI 49079
(269) 657-3870
www.betzlerlifestory.com
*The Celebration of Life Experts.*

## BICKFORD SENIOR LIVING

4707 W Milham Ave, Portage, MI 49024
(269) 372-2100
www.bickfordseniorliving.com/portage
*Premier assisted living and memory care. Happiness is our mission.*

## BIRCH MEADOWS HOME CARE

710 N Douglas Ave, Three Rivers, MI 49093
(269) 535-2511
www.birchmeadows.org
*Experience Southwest Michigan's finest home care.*

## BIRCH MEADOWS SENIOR CARE

710 N Douglas Ave, Three Rivers, MI 49093
(269) 816-5255
www.birchmeadows.org
*Your local elite senior care - Privately owned - 20 resident home.*

## BLUEBERRY HILL ASSISTED LIVING

99 Walker St, Lawton, MI 49065
(269) 299-6006
blueberryhillal.com
*Assisted living community with small town feel!*

## BRONSON HEALTHCARE

*See ad on page 63.*

*AUDIOLOGY*

### BRONSON CONSTANCE BROWN HEARING CENTER

Battle Creek, Kalamazoo | (269) 245-3340
Portage | (269) 372-7209
www.bronsonhealth.com/hearing

*CARDIOLOGY/CARDIOTHORACIC SERVICES*

### BRONSON ADVANCED CARDIAC HEALTHCARE

Allegan, Battle Creek, Kalamazoo, Paw Paw, South Haven
(269) 373-1222 | (800) 483-8333
www.bronsonhealth.com/heart

### BRONSON CARDIOTHORACIC SURGERY SPECIALISTS

Battle Creek, Kalamazoo
(269) 341-7333
www.bronsonhealth.com/heart

### BRONSON PEDIATRIC CARDIOLOGY SPECIALISTS

Battle Creek, Kalamazoo
(269) 341-8786
www.bronsonhealth.com/heart

*COLON & RECTAL SERVICES*

### BRONSON COLON & RECTAL SURGERY SPECIALISTS

Battle Creek, Kalamazoo
(269) 441-1771
www.bronsonhealth.com/digestivehealth

*COUNSELING SERVICES*

### SEXUAL ASSAULT SERVICES

(888)383-2192 (24-hour crisis line)
www.sascc.net

### BRONSON HELPNET BEHAVIORAL HEALTH SPECIALISTS

Battle Creek, Kalamazoo, Paw Paw
(269) 245-3850
www.bronsonhealth.com/counseling

## *BRONSON HEALTHCARE (continued)*

*DIABETES SERVICES*

### BRONSON DIABETES & ENDOCRINOLOGY CENTER

Battle Creek | (269) 245-8190
Portage | (269) 341-8585
www.bronsonhealth.com/diabetes

### DIGESTIVE HEALTH SERVICES

Bronson Colon & Rectal Surgery Specialists
Battle Creek, Kalamazoo
(269) 441-1771
www.bronsonhealth.com/digestivehealth

### BRONSON GASTROENTEROLOGY SPECIALISTS

Battle Creek, Kalamazoo, Paw Paw, Portage
(269) 349-2266
www.bronsonhealth.com/digestivehealth

*EAR, NOSE & THROAT SERVICES*

### BRONSON OTOLARYNGOLOGY, HEAD & NECK SURGERY SPECIALISTS

Battle Creek | (269) 245-8590
Kalamazoo | (269) 381-0180
www.bronsonhealth.com/ent

*EMERGENCY OR URGENT CARE SERVICES*

### BRONSON BATTLE CREEK HOSPITAL EMERGENCY DEPARTMENT AND LEVEL IV TRAUMA CENTER

300 North Ave, Battle Creek, MI 49017
(269) 245-5888
www.bronsonhealth.com/needcarenow

### BRONSON METHODIST HOSPITAL EMERGENCY DEPARTMENT AND LEVEL I TRAUMA CENTER

601 John St, Kalamazoo, MI 49007
(269) 341-6386
www.bronsonhealth.com/needcarenow

### BRONSON SOUTH HAVEN HOSPITAL EMERGENCY DEPARTMENT AND LEVEL IV TRAUMA CENTER

955 S Bailey Ave, South Haven, MI 49090
(269) 637-5271
www.bronsonhealth.com/needcarenow

### BRONSON LAKEVIEW HOSPITAL EMERGENCY DEPARTMENT AND LEVEL IV TRAUMA CENTER

408 Hazen St, Paw Paw, MI 49079
(269) 657-1500
www.bronsonhealth.com/needcarenow

### BRONSON QUICKCARE PLUS™

Battle Creek | (269) 979-6888
Kalamazoo | (269) 552-4266
www.bronsonhealth.com/urgentcare

### BRONSON QUICKCARE™

5623 Gull Rd, Ste 500, Kalamazoo, MI 49048 | (269) 775-8031
6220 W Main St, Kalamazoo, MI 49009 | (269) 276-4744
www.bronsonhealth.com/fastcare

### BRONSON ON-DEMAND VIDEO VISIT

8 a.m. to 8 p.m. Online Immediate Care
www.bronsonhealth.com/videovisit

*FAMILY, PEDIATRICS & INTERNAL MEDICINE*

### BRONSON FAMILY, PEDIATRICS & INTERNAL MEDICINE PRACTICES

Calhoun, Kalamazoo and Van Buren County locations
(269) 341-7788
www.bronsonhealth.com/find-a-doctor/

*HOME CARE SERVICES*

### BRONSON AT HOME

Southwest Michigan
(844) 241-4663
www.bronsonathome.com

## *BRONSON HEALTHCARE (continued)*

*HOSPITALS*

### BRONSON BATTLE CREEK HOSPITAL
300 North Ave, Battle Creek, MI 49017
(269) 245-8000
www.bronsonhealth.com/battlecreek

### BRONSON METHODIST HOSPITAL
601 John St, Kalamazoo, MI 49007
(269) 341-7654
www.bronsonhealth.com/methodist

### BRONSON SOUTH HAVEN HOSPITAL
955 S Bailey Ave, South Haven, MI 49090
(269) 637-5271
www.bronsonhealth.com/southhaven

### BRONSON LAKEVIEW HOSPITAL
408 Hazen St, Paw Paw, MI 49079
(269) 657-3141
www.bronsonhealth.com/lakeview

### BRONSON CHILDREN'S HOSPITAL
601 John St, Kalamazoo, MI 49007
(269) 341-7654
www.bronsonhealth.com/childrenshospital

*IMAGING & LAB SERVICES*

### BRONSON LABORATORY SERVICES
Battle Creek, Kalamazoo, Marshall, Otsego, Paw Paw, Portage, South Haven, Three Rivers, Vicksburg
www.bronsonhealth.com/lab

### BRONSON IMAGING SERVICES
Battle Creek, Kalamazoo, Marshall, Otsego, Paw Paw, Portage, South Haven
www.bronsonhealth.com/imaging

# MILESTONE
senior services



## Discover Milestone.
## We are here to help.

269-382-0515

918 Jasper Street , Kalamazoo, MI 49001

www.MilestoneSeniorServices.org

## Who We Are

For more than sixty years, Milestone Senior Services has been providing programming that supports older adults and adults with disabilities in living independently at home.

Milestone provides a variety of services that address wellness and safety concerns to support whatever level of independence our participants are comfortable with. The services we provide directly impact whether people are able to remain living at home or are forced to relocate to a nursing facility.

We believe that people thrive when they can remain connected to their family, friends, and the cultural communities they identify with.

## Nutrition Services

- **Home Delivered Meals** (Meals on Wheels) to older adults and adults with disabilities who are not able to access adequate nutrition for themselves.
- **Food for All** provides the same service for those who do not qualify for grant-funded services.
- **Congregate Meals** are served in centralized dining centers to provide an opportunity for social interaction for older adults.

## Home Repair & Accessibility

- Wide variety of **home repairs** to assist with home maintenance.
- **Safety assessments** and install **safety and accessibility modifications** to ensure that a home is safe and free of fall hazards.
- Accessibility **ramps** so that people with mobility disabilities can access their community.

## Home-Based Managed Care

- Through the **MI Choice Waiver** program, we serve adults who are Medicaid-eligible and require in-home care to remain living at home.



## Behavioral Health & Wellness

- **Behavioral Health services** for individuals who are 55 or older and have been referred to us through Integrated Services of Kalamazoo.

## Companionship Program

- **Companionship Program** matches volunteers with older adults to provide ongoing socialization and interaction.
- **AmeriCorps Senior Companion** Program volunteers 55 and older who income-qualify may receive a stipend for their service.

## Volunteer Services

- We connect more than 300 people each year to **Volunteer** opportunities both at Milestone and throughout the community.
- **AmeriCorps Seniors RSVP** program, we connect volunteers who are 55 years of age and older to volunteer opportunities.

Contact us today to find out how we can support you or someone you love in living independently at home:

(269) 382-0515

MILESTONE
senior services

MILESTONE
senior services

# Programs by County

## Kalamazoo County

Nutrition, Home Repair & Accessibility, Home-Based Care, Behavioral Health & Wellness, Companionship, Volunteer Services

## Calhoun County

Nutrition, Home Repair & Accessibility, Home-Based Care, Companionship, Volunteer Services

## Barry, Branch & Saint Joseph Counties

Home-Based Care

To learn more about any of our services,
contact our Customer Service department at:

(269) 382-0515
info@milestoneseniorservices.org
or visit our website:
MilestoneSeniorServices.org

918 Jasper Street
Kalamazoo, MI 49001

*Funding for our nutrition programming is provided in part by Calhoun County Senior Services, CareWell Services Southwest, Kalamazoo County Senior Millage, and Area Agency on Aging Region 3A.*

*Availability of specific Home Repair & Accessibility services may depend on the funding sources we have at the time.*

Oct2026

*INFUSION SERVICES*

### BRONSON INFUSION SERVICES

Battle Creek | (269) 245-8109
Kalamazoo, South Haven | (269) 341-8550
www.bronsonhealth.com/infusion

### BRONSON AT HOME INFUSION SERVICES

Southwest Michigan
(269) 245-3602
www.bronsonathome.com

*MENTAL HEALTH SERVICES*

### BRONSON HELPNET BEHAVIORAL HEALTH SPECIALISTS

Battle Creek, Kalamazoo, Paw Paw
(269) 245-3850
www.bronsonhealth.com/counseling

*NEUROLOGY & NEUROSURGERY SERVICES*

### BRONSON NEUROSCIENCE CENTER

Battle Creek, Kalamazoo, Paw Paw
(269) 341-7500
www.bronsonhealth.com/neurology
www.bronsonhealth.com/neurosurgery
www.bronsonhealth.com/spine

*NUTRITION SERVICES*

### BRONSON NUTRITION SERVICES

Battle Creek | (269) 245-8190
Kalamazoo | (269) 341-6860
Paw Paw | (269) 657-1450
South Haven | (269) 639-2779
www.bronsonhealth.com/nutrition

## *BRONSON HEALTHCARE (continued)*

*OBSTETRICS & GYNECOLOGY SERVICES*

### BRONSON OBSTETRICS & GYNECOLOGY SPECIALISTS

Battle Creek | (269) 979-6432
Kalamazoo | (269) 345-6197 & (269) 341-7979
Marshall | (269) 245-5452
Paw Paw | (269) 655-3070
Portage | (269) 327-2211
South Haven | (269) 639-2720
www.bronsonhealth.com/gynecology

*ONCOLOGY/HEMATOLOGY SERVICES*

### BRONSON CANCER CENTER

Battle Creek | (269) 245-8660
Kalamazoo | (269) 286-7170
www.bronsonhealth.com/cancer

*ORTHOPEDIC SERVICES*

### BRONSON ORTHOPEDIC & SPORTS MEDICINE SERVICES

Battle Creek, Kalamazoo, Marshall, Paw Paw, South Haven
(855) 618-2676
www.bronsonhealth.com/ortho

*PHARMACY SERVICES*

### BRONSON OUTPATIENT PHARMACIES

Battle Creek | (269) 245-8686
Kalamazoo | (269) 341-6990
Paw Paw | (269) 668-6205
South Haven | (269) 639-2859
www.bronsonhealth.com/pharmacy

*PULMONOLOGY & RESPIRATORY SERVICES*

### BRONSON PULMONARY MEDICINE & RESPIRATORY CARE SERVICES

Battle Creek | (269) 245-8438
Kalamazoo | (269) 575-7000
South Haven | (269) 639-2796
www.bronsonhealth.com/pulmonary

*REHABILITATION SERVICES*

### BRONSON CARDIAC REHABILITATION SERVICES

Battle Creek | (269) 245-8188
Kalamazoo | (269) 544-3220
South Haven | (269) 639-2796
www.bronsonhealth.com/heart

### BRONSON PULMONARY REHABILITATION SERVICES

Battle Creek | (269) 245-8438
Kalamazoo | (269) 575-7000
South Haven | (269) 639-2796
www.bronsonhealth.com/pulmonary

### BRONSON REHABILITATION SERVICES

Battle Creek, Kalamazoo, Paw Paw, Portage, South Haven
(269) 575-7010
www.bronsonhealth.com/rehab

*RHEUMATOLOGY SERVICES*

### BRONSON RHEUMATOLOGY SPECIALISTS

Battle Creek | (269) 245-8208
Kalamazoo | (269) 343-3939 & (269) 308-7001
www.bronsonhealth.com

*SLEEP DISORDER SERVICES*

### BRONSON SLEEP HEALTH SPECIALISTS

Battle Creek, Portage
(269) 324-0799
www.bronsonhealth.com/sleep

*UROLOGY SERVICES*

### BRONSON UROLOGY SPECIALISTS

Battle Creek | (269) 788-6888
Kalamazoo, Paw Paw | (269) 349-9745
www.bronsonhealth.com

## *BRONSON HEALTHCARE (continued)*

*VASCULAR SERVICES*

### BRONSON VASCULAR & ENDOVASCULAR SURGERY SPECIALISTS

Battle Creek | (269) 245-8350
Kalamazoo, Paw Paw, South Haven | (269) 341-7333
www.bronsonhealth.com/vascular

### BRONSON VEIN CLINIC

Battle Creek | (269) 245-8350
Kalamazoo, South Haven | (269) 341-7333
www.bronsonhealth.com/vein

*WEIGHT MANAGEMENT SERVICES*

### BRONSON OUTPATIENT NUTRITION SERVICES

Battle Creek | (269) 245-8190
Kalamazoo | (269) 341-6860
Paw Paw | (269) 657-1450
South Haven | (269) 639-2779
www.bronsonhealth.com/nutrition

*WOUND CARE SERVICES*

### BRONSON WOUND CENTER & HYPERBARIC MEDICINE

Battle Creek | (269) 245-8560
Kalamazoo | (269) 341-8827
Paw Paw | (269) 657-1362
South Haven | (269) 639-2976
www.bronsonhealth.com/wound



# THE HOME CARE YOU NEED **FROM EXPERTS WHO CARE**

Bronson at Home brings compassionate care to you in the comfort of your own home. As part of the region's leading health system, our certified nurses will connect you with the services you need and coordinate your care during illness, injury or recovery.

- Healthcare Services
- Infusion Services

Call (844) 241-HOME (4663) or visit bronsonathome.com to learn how our team can help you or a loved one.

BRONSON at Home

## BROOKDALE PORTAGE ASSISTED LIVING

3100 Old Centre Rd, Portage, MI 49024
(269) 324-3344
www.brookdale.com
*Independence with compassionate care, vibrant activities, and peace of mind. See ad inside front cover.*

## BROOKDALE PORTAGE MEMORY CARE

3150 Old Centre Rd, Portage, MI 49024
(269) 324-3141
www.brookdale.com
*Expert dementia care with warmth, security, and meaningful daily engagement. See ad on page inside front cover.*

## BUILDING BLOCKS OF KALAMAZOO

1009 Stockbridge Ave, Kalamazoo, MI 49001
(269) 389-9928
www.bbkazoo.org
*Community Building Organization, Neighborhood Beautification.*

## BUREAU OF SERVICES FOR BLIND PERSONS - KALAMAZOO REGIONAL OFFICE

1541 Oakland Dr, Kalamazoo, MI 49008
(269) 337-3875
www.michigan.gov/leo/bureaus-agencies/bureau-of-services-for-blind-persons
*Blind/low vision State of Michigan program serving southwest Michigan.*

## BURNSIDE CENTER - BRANCH COUNTY COMMISSION ON AGING

65 Grahl Dr, Coldwater, MI 49036
(517) 279-6565
www.burnsidecenter.com
*Provides programs and activities for Branch County adults age 50+.*

## BUTTERFLY OASIS

3113 Parchmount Ave, Kalamazoo, MI 49004
(269) 303-8011
www.butterfly-oasis.com
*Private licensed home, offering alternative to nursing home care.*

## CALHOUN COUNTY MEDICAL CARE FACILITY/ MARIAN E BURCH ADULT DAY CARE AND REHAB CENTER

1150 E Michigan Ave, Battle Creek, MI 49014
(269) 962-1750 | Adult Day Care
(269) 962-5458 | Facility
www.ccmcf.com
*Assisting with your loved one's care needs.*

## CALHOUN COUNTY SENIOR SERVICES

315 W Green St, Marshall, MI 49068
(269) 781-0846
www.calhouncountymi.gov
*Programs for Calhoun County residents aged 60 and older.*

## CAPTEL CAPTIONED TELEPHONES

(269) 547-0666 | Michelle.Henry@oeius.org
www.oeius.org
*Zero cost in-home captioning telephones for people with hearing loss.*

## CARE PROVIDER SOLUTIONS

952 N M37, Hastings, MI 49058
(248) 342-2698
careprovidersolutions.com
*Licensed adult foster care facilities with bed openings and details.*

## CARE WHERE YOU ARE

10450 6-Mile Road. Lot 3, Battle Creek, MI 49017
(317) 302-6512
www.carewhereyouare.com
*In-home services in Kalamazoo, Calhoun, Cass, Van Buren, St Joseph and Berrien.*

## CAREOLOGY HOME HEALTHCARE

2855 44th St SW, #100, Grandville, MI 49418
(616) 208-1662
www.careologyhomecare.com
*Compassionate, personalized home care enhancing independence and quality of life.*

## CAREPATROL OF KALAMAZOO

3100 58th Street, Hamilton, MI 49419
(269) 330-7372
www.carepatrol.com
*No-cost personalized senior care advisory services.*
*See ad on inside back cover.*

## CAREWELL SERVICES SOUTHWEST/REGION 3B AREA AGENCY ON AGING

200 W Michigan Ave, Battle Creek, MI 49017
(269) 966-2450
www.carewellservices.org
*Providing health, independence, choice for seniors, persons with disabilities, caregivers. See ad on page 8.*

## CARING COMPANIONS KALAMAZOO

2236 N Apple Ct, Plainwell, MI 49080
(269) 204-6537
www.caringcompanionskalamazoo.com
*Non-medical home care.*

## CARVETH VILLAGE

690 W Main St, Middleville, MI 49333
(269) 795-4972
www.carvethvillage.com
*Family caring for families since 1999!*

## CENTERWELL HOME HEALTH

5148 Lovers Ln, Ste 210, Portage, Michigan 49002
Allegan, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, Van Buren, multiple sites throughout MI and the United States.
(269) 381-5620
www.centerwellhomehealth.com
*Providing high quality comprehensive, empathetic skilled care in your home.*

## CENTRE MEADOWS APARTMENTS

1503 E Centre Ave, Portage, MI 49008
(269) 324-4275
www.centremeadows.com
*Contemporary, welcoming community offering personalized care, enriching activities, independence, comfort. See ad on page 67.*

## CENTRICA CARE NAVIGATORS

7100 Stadium Dr, Kalamazoo, MI 49009
(269) 345-0273
www.centricacare.org
*Nonprofit hospice, palliative care, grief support, volunteer opportunities.*
*See ad on page 23.*

## CERTIFIED BENEFIT ADVISORS - TRACIE FLOWERS

475 E Columbia Ave, Ste 8, Battle Creek, MI 49014
(269) 979-8600
www.certifiedbenefitadvisors.com
*Specializing in all of your Medicare options under one roof!*

## CHARLIE HEALTH

Kalamazoo, MI (Virtual)
(269) 454-8214
www.charliehealth.com
*Virtual mental health IOP delivering personalized, intensive therapy and support.*




## CHEFF THERAPEUTIC RIDING CENTER

8450 N 43rd St, Augusta, MI 49012
(269) 731-4471
www.cheffcenter.org
*Silver Saddles: An equine-assisted community program for older adults.*

## CITY VIEW IN THE SQUARE APARTMENTS

710 Collins St, Kalamazoo, MI 49001
(269) 344-1681
www.csi.coop
*Affordable rental community for seniors* *See ad on page 38.*

## CLOCK MOBILITY

5401 Portage Rd, Kalamazoo, MI 49002
(269) 903-2813
clockmobilty.com
*Sales, service, rentals for people with disabilities for transportation needs.*

## COLLEGE H.U.N.K.S. HAULING JUNK, MOVING AND STORAGE

2927 Millcork St, Kalamazoo, MI 49001
(269) 215-8000
www.collegehunks.com
*Local/long distance moving, removal, & storage solutions you can trust.*

## COMFORT KEEPERS OF HOLLAND

837 Maple Ave, Holland, MI 49423
(616) 395-2653
www.comfortkeepers.com
*Compassionate in-home care - serving Allegan, Kent, and Ottawa counties.*

## COMFORT KEEPERS OF PORTAGE

3275 Cooley Ct, Ste 130, Portage, MI 49024
(269) 375-5466
www.comfortkeepers.com
*Compassionate in-home care - serving Kalamazoo, Van Buren, & Calhoun counties.*

## COMFORT KEEPERS OF ST JOSEPH

2800 Nites Rd, Ste 1, St Joseph, MI 49085
(269) 556-9999
www.comfortkeepers.com
*Compassionate in-home care - serving portions of Berrien, Cass, and Van Buren counties.*

## COMFORT LIVING HOME, LLC

2918 W Milham Ave, Portage, MI 49024
(269) 760-1182
www.comfortlivinghomellc.com
*Licensed specialized adult foster care home with registered nurse staffing.*

## COMMUNITY ACTION AGENCY OF SOUTH-CENTRAL MICHIGAN

175 Main St, Battle Creek, MI 49014
(877) 422-2726
www.caascm.org
*Dedicated to helping people achieve and maintain independence.*
*See ad on pages 36–37.*

## COMMUNITY HEALTH AGENCY - BRANCH

570 Marshall Road, Coldwater, MI 49036
(517) 279-9561
www.bhsj.org
*Local health department offering clinical (immunizations) and environmental health information.*

## COMMUNITY HEALTH AGENCY- HILLSDALE

20 Care Dr, Hillsdale, MI 49242
(517) 437-7395
www.bhsj.org
*Local health department offering clinical (immunizations) and environmental health information.*

## COMMUNITY HEALTH AGENCY - ST. JOSEPH

1110 Hill St, Three Rivers, MI 49093
(269) 273-2161
www.bhsj.org
*Local health department offering clinical (immunizations) and environmental health information.*

## COMMUNITY HOMEWORKS

810 Bryant St, Kalamazoo, MI 49001
(269) 998-3275
www.communityhomeworks.org
*Home repair for income eligible homeowners, homeowner education, & tool library.*

## COMMUNITY LIVING OPTIONS

626 Reed St, Kalamazoo, MI 49001
(269) 343-6355
communitylivingoptions.org
*Housing and Day Program for Seniors and Adults with Disabilities.*

## COMPARION INSURANCE AGENCY

8075 Creekside Dr, Ste 100, Portage, MI 49024
Jaterri: (269) 569-7505 | Sarah: (269) 569-7197
www.comparioninsurance.com
*Call us today for a quote on Home and Auto!*

## COMPASSUS HOME HEALTH AND HOSPICE

5136 Lovers Ln, Ste 200A, Portage, MI 49002
(800) 343-1396
www.compassus.com
*Offering skilled home health, IV infusion, palliative, and hospice care.*

## COMPETITIVE HEARING

8089 Stadium Dr, Ste C, Kalamazoo, MI 49009
(269) 377-5425
*Hearing exams, hearing aids, and repair of hearing aids.*

## COMSTOCK COMMUNITY CENTER

P.O Box 34, 6330 King Hwy, Comstock, MI 49048
(269) 345-8556
www.comstockcc.com
*Provides activities, classes, health-related services, travel, recreation, café lunch.*

## CONSUMERS ENERGY - HELPING NEIGHBORS

(888) 316-8014
www.consumershelpingneighbors.com
*Sign up for a no cost home energy analysis today!*

## COURTER MEMORY CENTER

978 River St, Kalamazoo, MI 49048
(269) 585-7790
cmcinfo@comstockcc.com
*Providing daytime care and companionship to adults living with dementia.*

## CROSSBRIDGE HOSPICE

4595 Broadmoor Ave SE, STE 130, Grand Rapids, MI 49512
(616) 432-2050
www.crossbridgehospice.com
*Compassionate, patient-centered hospice care focused on compassion and dignity.*

## CROSSROADS VILLAGE APARTMENTS

6600 Constitution Blvd, Portage, MI 49024
(269) 327-2100
*55+ Independent living. One and two bedroom. Lots of activities.*

## CROSSTOWN PARKWAY SENIOR COMMUNITY APARTMENTS & TOWNHOMES

550 W Crosstown Pkwy, Kalamazoo, MI 49008
(269) 344-3968
www.medallionmgmt.com
*The best subsidized community for seniors aged 62 and older.*

## DEAF AND HARD OF HEARING SERVICES

160 68th St SW, Ste 140, Grand Rapids, MI 49548
(616) 732-7358
www.deafhhs.org
*Serving West Michigan's deaf, deaf-blind, and hard of hearing.*

## DEMENT AND MARQUARDT, PLC

211 E Water St, Ste 401, Kalamazoo, MI 49001
(269) 343-2106
www.dementandmarquardt.com
*Attorneys exclusively committed to your estate planning needs.*

## DILLON HALL SENIOR APARTMENTS

3301 Gull Rd, #308, Kalamazoo, MI 49048
(269) 342-0263
*Subsidized housing.*

## DISABILITY NETWORK SOUTHWEST MICHIGAN

517 E Crosstown Pkwy, Kalamazoo, MI 49001
200 W Van Buren St, Battle Creek, MI 49017
2900 Lakeview Ave, St. Joseph, MI 49085
(269) 345-1516
www.dnswm.org
*The first stop for people with disabilities and their families. We are people with disabilities advancing justice, access, and inclusion for the Disability Community. We envision a fully accessible community where disability is valued as human diversity and everyone belongs.*

## ECUMENICAL SENIOR CENTER

702 N Burdick St, Kalamazoo, MI 49007
(269) 381-9750
www.ecumenicalsc.com
Temporarily operating from Milestone Senior Services until Spring 2027:
918 Jasper, Kalamazoo, MI 49001
(269) 382-0515
*Providing many services, activities, and resources for older citizens.*

## EDEN HAVEN, LLC

600 Darby Ln, Kalamazoo, MI 49006
(269) 383-5926
*Adult Foster Care in family/home setting and atmosphere.*

## EL CONCILIO

2501 Millcork St, Kalamazoo, MI 49001
(269) 385-6279
www.elconciliokzoo.org
*Empowering Latino families through advocacy, education, resources, and community.*

## ELARA CARING - HOSPICE

4664 Campus Dr, Ste 101A, Kalamazoo, MI 49008
(269) 312-7446
www.elara.com
*Skilled home health and hospice care wherever you call home.*

## ELARA CARING – SKILLED HOME HEALTH

4664 Campus Dr, Ste 101B, Kalamazoo, MI 49008
(269) 372-8555
www.elara.com
*Skilled home health and hospice care wherever you call home.*

## ELDERCARE LOCATOR

(800) 677-1116
www.eldercare.acl.gov
*Helps locate local support resources for aging Americans.*

## EMBRACED HOME CARE

5380 Holiday Terrace, Ste 45, Kalamazoo, MI 49009
(269) 202-8933
www.embracedhomecare.com
*We are dedicated to delivering care that feels like family.*

## ENDRES INSURANCE AGENCY

6660 S Westnedge Ave, Portage, MI 49024
(269) 323-7888
www.endresinsuranceagency.com
*We offer free year-round assistance with Medicare and health insurance.*

## ERNSTES INSURANCE SOLUTIONS

P.O. Box 69, Marshall, MI 49068
(765) 760-8913
www.insurewithernie.com
*Senior Health Care Options.*

## ESPANOLA HOUSE, AFC

422 Espanola Ave, Parchment, MI 49004
(269) 220-5095
www.espanolahouse.com/
*Beautifully remodeled six bed, family style caring AFC Home.*

## EVERGREEN NORTH APARTMENTS

5700 Vintage Ln, Kalamazoo, MI 49009
(269) 382-6446
Subsidized housing for seniors, handicapped or disabled individuals.

## EYEMART EXPRESS - DR. MICHELLE VALELLA

5424 Beckley Rd, Ste E, Battle Creek, MI 49015
(269) 224-0077
www.eyemartexpress.com & www.seehealthy.com
*Eye exams and same-day glasses.*

## EZE

24475 Red Arrow Hwy, Mattawan, MI 49071
(269) 415-4545
www.eze4u.net
*Don't know where to start? EZE helps seniors prepare their home for sale and manage the move — with no upfront costs. Everything is repaid from your sale proceeds at closing.*

## FALLEN BUT NOT FORGOTTEN MILITARY - KALAMAZOO

1962 S 35th St, Galesburg, MI 49053
(269) 743-9175
*Free Flag ceremonies for veterans.*

## FAMILY & CHILDREN SERVICES

1608 Lake St, Kalamazoo, MI 49001
(269) 344-0202
www.fcsource.org
*Strengthening the safety and well-being of children, individuals and families.*

## FAMILY HEALTH CENTER - ALCOTT

505 E Alcott St, Kalamazoo, MI 49001
(269) 349-2641
www.fhckzoo.com
*Same day care for Medicaid and Medicare participants.*

## FAMILY HEALTH CENTER - BURDICK

1308 N Burdick St, Kalamazoo, MI 49007
(269) 349-2641
*Dental and behavioral health services.*

## FAMILY HEALTH CENTER - PATERSON

325 W Paterson, Kalamazoo, MI 49007
(269) 349-2641
*Same day care for Medicaid and Medicare participants.*

## FINANCIAL ADVISOR JEANNE CASE OF RAYMOND JAMES

161 E Michigan Ave, Ste 600, Kalamazoo, MI 49007
(269) 337-5528
www.raymondjames.com/jeannecase
*Financial Advisor focusing on living in the retirement years.*

## FIRSTLIGHT HOME CARE OF KALAMAZOO

5985 W Main St, #820, Kalamazoo, MI 49001
(269) 649-2417
www.kalamazoo.firstlighthomecare.com
*In-home attendant care based on each individual client's needs.*

## FORKS SENIOR CENTER

101 N Albion, Box 944, Albion, MI 49224
(517) 629-3842
www.forksseniorcenter.org
*A gathering place for senior activities and resource information.*

## FORTUNATE FOURTH CREATIONS & MEDIA

3426 W Main St, Kalamazoo, MI 49006
(313) 354-1877
*Find on Facebook: Fortunate Fourth Creations*
*Art 4 All - Art That Meets You Where You Are.*

## FOUNTAIN CLINIC

111 N Jefferson St, Marshall, MI 49068
(269) 781-0952
www.fountainclinic.org
*Free medical and dental clinic for low income uninsured.*

## FRED'S PHARMACY

121 W Prairie St, Vicksburg, MI 49097
(269) 649-0660
www.fredspharmacies.com

## FRESH PERSPECTIVE HOME CARE

7127 S Westnedge Ave, Ste #5A, Portage, MI 49002
(269) 329-4717
www.freshphc.com
*Award winning in-home services providing compassion, privacy, dignity, and respect. See ad below.*

## FRIENDS OF THE KALAMAZOO PUBLIC LIBRARY - BOOKSTORE

315 S Rose St, Kalamazoo, MI 49007
(269) 553-7820
www.kpl.gov/friends
Wed 12 pm-6pm & Thu-Sat 10am-4pm
*Gently used books, very gently priced. Open to all.*

## FRIENDSHIP VILLAGE HEALTH CENTER

1400 N Drake Rd, Kalamazoo, MI 49006
(269) 381-0560
*Private and semi-private rooms providing skilled nursing care.*

Fresh Perspective Home Care
Your Life. Your Home. Our Help.

CALL TODAY AT (269) 329-4717



Your Life... Your Home... Our Help.

SERVING ALL OF SOUTHWEST MICHIGAN

Trusted Companionship
- Light Housekeeping
- Medication Reminders
- Shopping & Errands
- Meal Preparation
- Dementia Care

Personalized Care
- Ambulation & Transfer
- Incontinence Care
- Bathing Assistance
- Dressing & Grooming
- Nursing Services

FreshPerspectiveHomeCare.com

## FRIENDSHIP VILLAGE INDEPENDENT LIVING

1400 N Drake Rd, Kalamazoo, MI 49006
(269) 381-0560
www.friendshipvillagemi.com
*Luxury apartments and garden homes.*
*See our ad inside front facing.*

## FRIENDSHIP VILLAGE REHABILITATION CENTER

1400 N Drake Rd, Kalamazoo, MI 49006
(269) 381-0560
*Provides private rooms and is open to the general public.*

## GASAWAY INVESTMENT ADVISORS

7110 Stadium Dr, Kalamazoo, MI 49009
(269) 324-0080
www.gasawayinvestments.com
*Financial services – insurance, financial management, lifestyle monitoring, and legacy planning.*

## GENTIVA HOSPICE

1911 W Centre Ave, Portage, MI 49024
(269) 342-9308
www.gentivahs.com
*Caring and compassionate hospice agency service in Southwest Michigan.*

## GIFT OF LIFE MICHIGAN

3861 Research Park Dr, Ann Arbor, MI 48108
(866) 500-5801
www.golm.org
*Honoring life through organ, eye, and tissue donation.*

## GOODWILL INDUSTRIES OF SOUTHWESTERN MICHIGAN

420 E Alcott St, Kalamazoo, MI 49001
(269) 382-0490
www.goodwillswmi.org
*We provide education, training, employment, and support services.*

## GRACE HEALTH

181 W Emmett St, Battle Creek, MI 49037
(269) 965-8866
www.gracehealthmi.com

## GRACE VALLEY ASSISTED LIVING SMALL GROUP HOME

3530 Douglas Ave, Kalamazoo, MI 49004
(269) 254-8944
*Exceptional care, home setting, six private rooms with half baths.*

## GRAINHOUSE GROVE (NOW: BRIDGEWAY PARK BATTLE CREEK)

191 Lois Dr, Battle Creek, MI 49015
(269) 979-7781
www.bwpbattlecreek.com
*Premier senior living community in Battle Creek.*

## GREAT LAKES VIRTUAL ADVANTAGE

(269) 501-2556
www.greatlakesva.com
*Helping seniors navigate technology, printing, and online accounts.*

## GRESHAM DRIVING AIDS

3237 Miller Rd, Kalamazoo, MI, 49001
(269) 341-9566
www.greshamdrivingaids.com
*Sales and service of mobility accessible vehicles, vehicle accessibility conversions.*

## GRYPHON PLACE

3245 S 8th St, Kalamazoo, MI 49009
(269) 381-1510
www.gryphon.org
*A trusted ally in conflict, crisis, and healing. See ad on page 30.*

## GT INDEPENDENCE

215 Broadus St, Sturgis, MI 49091
Allegan, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph & Van Buren Counties
(269) 651-4500
www.gtindependence.com
*Helping people live life on their terms. See ad on page 79.*

## GUARDIAN FINANCE AND ADVOCACY SERVICES

2323 Gull Rd, Ste A, Kalamazoo, MI 49048
(269) 963-3253
www.yourguardian.org
*Legal guardianship, conservatorship, representative payee, money management.*

## HAMILTON LAW

3431 Oakland Dr, Kalamazoo, MI 49008
70 W Michigan Ave, Ste 105, Battle Creek, MI 49017
(269) 488-8394
www.hamiltonlawplc.com
*Trusted Counsel. Transparent Fees. Tailored Solutions.*

Hamilton Law
Estate Planning, Business & Real Estate

## HARMONY HOME SOLUTIONS

2120 Choral Ave, Portage MI 49024
(269) 873-7792
www.yourhomeanchored.com
*A trusted resource for all home repairs, inside and out!*

## No matter what you call it, it's all about choice.




### What is Self-Direction?

Self-direction is a way to get services that lets people have more control over their care and support.

### Who Can Choose Self-Direction?

Self-Direction is available to individuals at Area Agencies on Aging, Veterans Programs, PACE, Community Mental Health Agencies and Health Plans in MI Coordinated Health.



### How to Get Started

1. Contact your local Area on Aging, Community Mental Health, VA Medical center (VAMC), or your health plan.
2. Discuss authorized services, make a plan for your care, and identify your preferred employee.
3. Your Support Coordinator (SC) will send a referral to GT Independence and they will help you get enrolled.

**Get in Touch** | **Customer Service** | 877.659.4500
customerservice@gtsd.org

gt independence

## HEADSTRONG PHYSICAL THERAPY, LLC

5601 W Main St, Ste 5, Kalamazoo, MI 49009
(269) 205-3395
www.headstrongrehab.com
*Specializing in neurological conditions, sports, and pain management.*
*See ad below.*

## HEARING SPECIALISTS OF KALAMAZOO

Kimberly D. Palmer MA | James P. Cole, AuD
3275 Cooley Ct, Ste 160, Portage, MI 49024
(269) 366-4445
www.kalamazoohearing.com
*Hours: Monday-Thursday 9am-12pm & 1pm- 5pm, Friday 9am-12pm.*

## HEART TO HEART HOSPICE

4341 S Westnedge Ave, Ste 2212, Kalamazoo, MI 49008
(269) 250-9140
www.htohh.com
*We provide compassionate end of life care.*

## HEARTLAND HOSPICE

8075 Creekside Dr, #120, Portage, MI 49024
(269) 324-5705
www.heartlandhospice.com
*End-of-life care that's straight from the heart.*



## HELPING WITH MOM'S HOME

P.O. Box 2643, Kalamazoo, MI 49003
(269) 217-1123
www.helpingwithmomshome.com
*Your trusted Mom's home buyer.*

## HERITAGE COMMONS SENIOR ENRICHMENT CENTER

15885 W Michigan Ave, Marshall, MI 49068
(269) 558-6150
www.marshallheritagecommons.org
*A gathering place for older adults to participate in activities and access resources.*

## HERITAGE COMMUNITY OF KALAMAZOO - THE ARTISAN

2300 Portage St, Kalamazoo, MI 49001
(269) 382-1255
www.heritagecommunity.com
*Modern, luxury apartments that feature a maintenance-free lifestyle.*

## HERITAGE COMMUNITY OF KALAMAZOO - HAWTHORN LANDING ASSISTED LIVING

600 Golden Dr, Kalamazoo, MI 49001
(269) 382-1255
www.heritagecommunity.com
*Affordable assisted living with exceptional care, comfort, and personalized support.*

## HERITAGE COMMUNITY OF KALAMAZOO - HAWTHORN LANDING MEMORY CARE

600 Golden Dr, Kalamazoo, MI 49001
(269) 382-1255
www.heritagecommunity.com
*Memory care featuring the "Best Friends" ™ approach to dementia care.*

## HERITAGE COMMUNITY OF KALAMAZOO - MEILLAND SQUARE ASSISTED LIVING

620 Phillips St, Kalamazoo, MI 49001
(269) 382-1255
www.heritagecommunity.com
*Vibrant, personalized assisted living with engaging amenities.*

## HERITAGE COMMUNITY OF KALAMAZOO - MEILLAND SQUARE MEMORY CARE

620 Phillips St, Kalamazoo, MI 49001
(269) 382-1255
www.heritagecommunity.com
*Memory care featuring the "Best Friends" ™ approach to dementia care.*

## HERITAGE COMMUNITY OF KALAMAZOO - RIDGE CREEK

500 Revel Run, Kalamazoo, MI 49001
(269) 382-1255
www.heritagecommunity.com
*Modern, luxury apartments that feature a maintenance-free lifestyle.*

## HERITAGE COMMUNITY OF KALAMAZOO - UPJOHN COMMUNITY CARE CENTER SKILLED CARE AND REHABILITATION SERVICES

2400 Portage St, Kalamazoo, MI 49001
(269) 382-1255
www.heritagecommunity.com
*Personalized rehabilitation and expert care in private suites.*

## HILTEN GROUP HOME

20544 McAllister Rd, Battle Creek, MI 49014
(517) 348-9493
*Specialized residential services for autism, mental illness, developmental disabilities, aged.*

## HOME CONNECTION THERAPY

Grand Rapids, MI
(616) 207-3861
www.homeconnectiontherapy.com/
*Outpatient occupational and physical therapy provided in home.*

## HOME ROOTS COMPANION AND HOME CARE

70 W Chicago St, Coldwater, MI 49036
(517) 279-2342
www.homerootsllc.org
*Providing compassionate in-home care that helps you feel supported.*

## HOMEJOY OF KALAMAZOO

1821 Whites Rd, Ste B, Kalamazoo, MI 49008
(269) 220-5150
www.homejoy.care
*Embracing the journey of aging with joy. See ad on page 16.*

## HOMEJOY OF MARSHALL

112 Redfield Plz, Marshall, MI 49068
(269) 248-6050
www.homejoy.care
*HomeJoy provides homecare services and free home evaluations.*

## HOMEJOY OF THREE RIVERS

1107 W Broadway St, Three Rivers, MI, 49093
(269) 273-0640
www.homejoy.care
*HomeJoy provides homecare services and free home evaluations.*

## HONOR CREDIT UNION - PORTAGE

2340 E Centre Ave, Portage, MI 49002
(269) 441-4467
*You're more than just a member.*

## HOPE WOODS

5749 Stadium Dr, Kalamazoo, MI 49009
(269) 353-4712
*Experience comfort, connection, and independence in a vibrant 55+ community.*

## HOSPITAL HOSPITALITY HOUSE OF SOUTHWEST MICHIGAN

828 S Burdick St, Kalamazoo, MI 49001
(269) 341-7811
www.hhhkz.org
*Housing, comfort, and support for families of medical patients.*

## HOUSING RESOURCES, INC. (HRI)

643 Crosstown Pky, Kalamazoo, MI 49008
(269) 382-0287
www.housingresourcesinc.org
*HRI provides programs and services for homelessness and homeless prevention.*

## HUDSON'S COUNTRY MANOR

9842 Oakland Dr, Portage, MI 49024
(269) 323-9752
*Adult Foster Care specializing in developmental and behavioral disability.*

## HUMANA MEDICARE INSURANCE

Michigan, Indiana, and Ohio
(269) 400-3913
*Medicare Supplements and Medicare Advantage Plans.*

## INNOVARE HP

4221 Bud Dr NE, Comstock Park, MI 49321
Rich: (269) 501-4496
www.innovarehp.com
*Forward-thinking healthcare marketing strategies that deliver meaningful growth.*

## INSPIRED ORGANIZING

328 W Milham Ave, Portage, MI 49024
(616) 375-3968
www.myinspiredorganizing.com
*Client focused, professional organizing services, right-sizing, decluttering, packing, unpacking.*

## THE INSTITUTE OF PUBLIC SCHOLARSHIP

313 N Burdick Kalamazoo, MI 49007
(269) 366-6153
www.theipsnow.org
*Providing varied programming to reimagine social systems and empower communities.*

## INTEGRATED SERVICES OF KALAMAZOO (ISK)

440 W Kalamazoo Ave, Kalamazoo, MI 49007
(269) 373-6000 | (888) 373-6200
www.iskzoo.org
*Services for mental health & substance use.*

## INTERIM HEALTHCARE

950 N 10th St, Ste 100, Kalamazoo, MI 49009
(269) 238-0060
www.interim.com/kalamazoo
*West Michigan's first choice for exceptional homecare and hospice services.*

## JOLDERSMA & KLEIN FUNERAL HOME

917 S Burdick St, Kalamazoo, MI 49001
(269) 343-2628
www.joldersma-klein.com
*Direct Cremation $1995.00. Family Owned - Family Operated - Family Oriented.*

## KAIROS DWELLING

2945 Gull Rd, Kalamazoo, MI 49048
(269) 381-3688
www.kairosdwelling.com
*Non-profit hospice home, volunteer opportunities available.*

## KALAMAZOO BEHAVIORAL HEALTH HOSPITAL

5802 S 9th St, Kalamazoo, MI 49009
(877) 398-4186
www.neuropsychiatrichospitals.net
*Adult and Senior behavioral health.*

## KALAMAZOO CLIMATE CRISIS COALITION

P.O. BOX 3072, Kalamazoo, MI 49003
(269) 352-1213
www.kalamazoocrisis.org
*Energy efficient home repair, lowering monthly costs and increasing sustainability.*

## KALAMAZOO COMMUNITY FOUNDATION

402 E Michigan Ave, Kalamazoo, MI 49007
(269) 381-4416
www.kzcf.org
*"Love Where You Live."*

## KALAMAZOO COUNTY AREA AGENCY ON AGING (REGION 3A)

311 E Alcott St, Kalamazoo, MI 49001
(269) 373-5173
www.kalcounty.com/AAA
*Services, consultation, and resources for aging at home. See ad on page 13.*

## KALAMAZOO COUNTY HEALTH & COMMUNITY SERVICES DEPARTMENT

311 E Alcott St, Kalamazoo MI 49001
269-373-5200
www.kalcounty.gov/hcs

## KALAMAZOO COUNTY SHERIFF'S OFFICE

1500 Lamont Ave, Kalamazoo, MI 49048
(269) 383-8821
www.kalcounty.gov/sheriff/
*Serving the residents of Kalamazoo County for over 196 years.*

## KALAMAZOO COUNTY VETERANS SERVICE OFFICE

Kalamazoo County HCS, 311 E Alcott St, Kalamazoo, MI 49001
(269) 373-5361 | Office Hours: M-F 8:30am-4:30pm
www.kalcounty.gov/350/Veterans-Service-Office
Office hours M-F 8:30 am – 3:30 pm.
*The mission of the Kalamazoo County Veterans Service Office is to ensure that veterans and their dependents receive all federal, state, or county benefits they are entitled to, completely free of charge. We provide support and services for: Developing claims for VA compensation, including VA Aid and Attendance benefits and Housebound allowance, assisting dependents and survivors with benefits, applying for healthcare, accessing federal and local burial and headstone benefits, obtaining military records and medals, providing emergency financial aid, accessing the Michigan Veterans Trust Fund, and referrals for additional assistance. Please call to schedule an appointment.*

## KALAMAZOO EASTSIDE NEIGHBORHOOD ASSOCIATION

1301 E Main St, Kalamazoo, MI 49048
(269) 381-0700
*Neighbors working together to strengthen community, safety, and local connections.*

## KALAMAZOO EMPOWERMENT SERVICES

834 King Hwy, Ste 120, Kalamazoo, MI 49001
(269) 598-2837
www.kzooempowerment.org
*KES provides quality mental health services to persons living with disabilities and aging adults dealing with grief, anxiety, depression, chronic illness/pain, and life transitions. Our therapists offer individual therapy to clients, caregivers, and family. Don't struggle alone…call today.*

## KALAMAZOO FIRST ASSEMBLY

5550 Oakland Dr, Portage, MI 49024
(269) 329-1977
www.kfirst.org
*Assisting our community with groceries, personal care products, clothing, prayer.*

## KALAMAZOO GOSPEL MINISTRIES

448 N Burdick St, Kalamazoo, MI 49007
(269) 345-2974
www.kzoogospel.org
*Emergency Shelter, and programming for individuals and families facing homelessness.*

## KALAMAZOO HOME HEALTH CARE INC.

251 N Rose St, #218, Kalamazoo, MI 49007
(269) 303-6366
www.kalamazoohomehealthcare.com
*We provide in-home services, PT, OT, and SLP to auto accident victims. See ad inside back facing.*

## KALAMAZOO LOAVES & FISHES

901 Portage St, Kalamazoo, MI 49001
(269) 488-2617 | Need Food Line: (269) 343-3663
www.kzoolf.org
*Grocery assistance available through pick-up or free home delivery.*

## KALAMAZOO PUBLIC LIBRARY

Downtown: 315 S Rose St, Kalamazoo, MI 49007 | (269) 553-7800
Eastwood: 1112 Gayle Ave, Kalamazoo, MI 49048 | (269) 553-7810
Oshtemo: 7265 W Main St, Kalamazoo, MI 49009 | (269) 553-7980
Powell: 308 W North St, Kalamazoo, MI 49007 | (269) 553-7965
Washington Sqr: 1244 Portage St, Kalamazoo, MI 49001 | (269) 553-7970
www.kpl.gov

## KALAMAZOO VALLEY HABITAT FOR HUMANITY

1126 Gull Rd, Kalamazoo, MI 49048
(269) 344-2443
www.habitatkalamazoo.org
*Bringing people together to build homes, communities, and hope.*

## KATHY BARNITZ-JAQUA REALTORS, SRES

414 W Milham Ave, Portage, MI 49024
(269) 303-0325
www.portagerealtor.com
*Senior Real Estate Specialist.*

## KAZOO BOOKS

2413 Parkview Ave, Kalamazoo, MI 49008
269-553-6506
www.kazoobooks.com
*New/used books, community information. Entrance and accessibility ramp behind building.*

## KEMPF FAMILY FUNERAL AND CREMATION SERVICES

723 US Hwy 27 N, Marshall, MI 49068
205 N Elizabeth St, Bellevue, MI 49021
(269) 781-9858
www.kempffuneralhome.com
*Having a plan protects your legacy and your loved ones.*

## KNHS HOME OWNERSHIP SERVICES

1219 S Park St, Kalamazoo, MI 49001
(269) 382-2916
www.knhs.org
*HUD Housing Counseling Agency; Foreclosure Prevention; Critical Home Repair.*

## KOZY KOMFORT ASSISTED LIVING

261 Beachfield Dr, Battle Creek, MI 49015
(269) 359-5606
www.kozykomfortassistedliving.com
*We provide a warm, home-like environment for seniors aged 50+.*

## LAKEHOUSE COLDWATER

150 W Shore Dr, Coldwater, MI 49036
(517) 278-6805
www.lakehousecoldwater.seniorlivingnearme.com
*Assisted living and respite care personally designed for YOU!*

## LAKEHOUSE KALAMAZOO

5364 Green Meadow Rd, Kalamazoo, MI 49009
(269) 353-0416
www.lakehousekalamazoo.seniorlivingnearme.com
*Assisted living and respite care personally designed for YOU!*

## LAKEHOUSE THREE RIVERS

1215 Elm St, Three Rivers, MI 49093
(269) 279-0088
www.lakehousethreerivers.seniorlivingnearme.com
*Assisted living and respite care personally designed for YOU!*

## THE LAKES AT PORTAGE

732 E Centre Ave, Portage, MI 49002
(269) 218-4244
www.lakesatportage.com
*Assisted living, memory support, skilled care.*

## LAKEVIEW ASSISTED LIVING

14661 Helmer Road S, Battle Creek, MI 49015
(269) 969-8900
www.lakeviewassisted.com
*Family owned, ADL assistance, meals, laundry, housekeeping, versatile activity program.*

## LANGELAND FAMILY FUNERAL HOMES BURIAL & CREMATION SERVICES

622 S Burdick St, Kalamazoo, MI 49007
3926 S 9th St, Kalamazoo, MI 49009
411 E Centre Ave, Portage, MI 49002
Allegan, Calhoun, Kalamazoo, and Van Buren Counties
(269) 343-1508
www.langelands.com
*Having a plan protects your legacy and your loved ones.*

## LAURELS OF BEDFORD

270 N Bedford Rd, Battle Creek, MI 49017
(269) 968-2296
www.laurelsofbedford.com
*Skilled nursing and rehabilitation, and dialysis center.*

## LAURELS OF COLDWATER

90 N Michigan Ave, Coldwater, MI 49036
(517) 279-9808
www.laurelsofcoldwater.com
*Skilled nursing and rehabilitation center.*

LAURELS OF COLDWATER
A Ciena Healthcare Community

## LAURELS OF GALESBURG

1080 N 35th St, Galesburg, MI 49053
(269) 665-7043
www.laurelsofgalesburg.com
*Skilled Nursing Facility offering long-term care and short-term sub-acute rehabilitation*

## LAURI J ROWE, LPC, PROFESSIONAL PSYCHOTHERAPY SERVICES

124 Hart St, Marshall, MI 49068
(517) 227-0475
www.professionalpsychotherapy.net
*Individual grief and trauma psychotherapy and counseling.*

## LAW OFFICE OF JESSICA BRANDOW, PLLC

P.O. Box 2233, Battle Creek, MI 49016
(269) 888-9455
www.brandow-law.com
*Estate planning and elder law attorney – I travel to you!*

## LEGACY ADVISORY GROUP

2725 Airview Blvd, Ste 204, Portage, MI 49002
(269) 806-8492
www.legacyag.vip
*Investment and retirement planning, estate strategies, tax-efficient solutions.*
*See ad below.*

## LEGAL AID OF WESTERN MICHIGAN

141 E Michigan Ave, Ste 400, Kalamazoo, MI 49007
(269) 344-8113
www.lawestmi.org
*Legal Services.*

## LEGAL HOTLINE FOR MICHIGAN SENIORS

(800) 347-5297

## LENDING HANDS OF MICHIGAN INC

4570 Commercial Ave, Ste E, Portage, MI 49002
(269) 567-4381
www.lendinghandsmi.org
*Free seven-month medical equipment loan program.*

## LIFE CARE CENTER OF PLAINWELL

320 Brigham St, Plainwell, MI 49080
(269) 685-9805
www.lcca.com/locations/mi/plainwell
*Skilled nursing/short term rehab and long-term care.*



## LMA HOMES LLC

515 Egleston Ave, Kalamazoo, MI 49001
(269) 491-9285
lmahomes.us
*Specialized residential services and home care services.*

## LONG TERM CARE OMBUDSMAN PROGRAM

311 E Alcott St, Kalamazoo, MI 49001
(866) 485-9393
www.kalcounty.gov/AAA
*Advocates for residents in licensed long-term care facilities.*

## MARSHALL HOUSE APARTMENTS

200 E Spruce St, Marshall, MI 49068
(269) 781-2391
www.marshallhouseapartments.com
*Subsidize housing, section 8, seniors 62+ and adults.*

## MARSHALL NURSING AND REHABILITATION COMMUNITY

575 N Madison St, Marshall, MI 49068
(269) 781-4281
*Providing rehabilitation, skilled nursing, and long-term care services.*

## MARY FREE BED KALAMAZOO SOUTHWEST

7125 Stadium Dr, Kalamazoo, MI 49009
(269) 462-6575
www.maryfreebed.com/locations/mary-free-bed-kalamazoo-southwest
*Therapy services, physical medicine, rehabilitation services, and orthotics and prosthetics.*

## MEDICARE COUNSELING PROGRAM

311 E Alcott St, Kalamazoo, MI 49001
(800) 803-7174
www.kalcounty.gov/aaa
*Free and unbiased Medicare counseling.*

## MEDILODGE OF KALAMAZOO

1701 S 11th St, Kalamazoo, MI 49009
(269) 375-2020
www.medilodgeofkalamazoo.com
*Rehabilitation and wellness center.*

## MEDILODGE OF MARSHALL

879 E Michigan Ave, Marshall, MI 49086
(269) 781-4251
www.medilodgeofmarshall.com
*Rehabilitation and wellness center.*

## MEDILODGE OF PORTAGE

7855 Currier Dr, Portage, MI 49002
(269) 323-7748
www.medilodgeofportage.com
*Rehabilitation and wellness center.*

## MEDILODGE OF WESTWOOD

2575 N Drake Rd, Kalamazoo, MI 49006
(269) 342-0206
www.medilodgeofwestwood.com
*Rehabilitation and wellness center.*

## MEMORY BRIGHT

6625 W Echo Valley Rd, Empire, MI 49630
(231) 714-4533
www.mymemorybright.com
*Using Reminiscence Therapy to help ease the symptoms of dementia.*

## METRO CONNECT

530 N Rose St, Kalamazoo, MI 49007
(269) 337-8222
www.kmetro.com
*More than the bus! Mobility solutions for all Kalamazoo County.*
*See ad on page 35.*

## MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES – ADULT SERVICES

427 E Alcott St, Kalamazoo, MI 49001 | (269) 337-5124
3255 12nd St, Allegan, MI 49010 | (269) 673-7706
57150 CR-681, Hartford, MI 49057 | (269) 621-2800
430 Barfield Dr, Hastings, MI 49058 | (269) 673-7706
www.mi.gov/mdhhs
*To report suspected abuse/neglect/exploitation, please call 1-855-444-3911.*

## MICHIGAN SECRETARY OF STATE

3298 Stadium Dr, Kalamazoo, MI 49008
603 Romence Rd, Portage, MI 49024
5420 Beckley Rd, Ste L, Battle Creek, MI 49015
32849 E Red Arrow Hwy, Paw Paw, MI 49079
(888) 767-6424

## MICHIGAN VETERANS AFFAIRS AGENCY

3423 N Martin Luther King Jr Blvd, Lansing, MI 48906
(800) 642-4838
www.michigan.gov/mvaa
*Dedicated to supporting Michigan's large veteran community.*

## MICHIGAN WORKS! SW

1601 S Burdick St, Kalamazoo, MI 49001
(269) 383-2536
www.michiganworkssouthwest.org
*Employment programs and services.*

## MILES FOR MEMORIES

Office Address: 247 W Michigan Ave, Battle Creek, MI 49017
Post Office Address: P.O. Box 2257, Battle Creek, MI 49106
(269) 979-1412
www.milesformemories.org
*Creating solutions for those impacted by dementia.*

## MILESTONE SENIOR SERVICES

918 Jasper St, Kalamazoo, MI 49001
(269) 382-0515
www.milestoneseniorservices.org
*Please see Center Insert for more information.*

MILESTONE
senior services

## MODERN WOODMEN FINANCIAL

2700 Sprinkle Rd, Kalamazoo, MI 49001
(269) 371-7822
www.modernwoodmen.org
*Life insurance, annuities, long term care insurance, financial services.*

## MRC INDUSTRIES

2538 S 26th St, Kalamazoo, MI 49048
(269) 242-0747
www.mrcindustries.org
*Empowering individuals with disabilities through employment, mental health, and inclusion.*

## MULDER'S MOVING AND STORAGE

2400 Ravine Rd, Kalamazoo, MI 49004
(269) 344-6683
www.muldersmoving.com
*Full service moving company with climate-controlled storage.*

## NAZARETH CENTER-ASSISTED LIVING

2929 Nazareth Rd, Kalamazoo, MI 49048
(269) 381-6290
www.csjinitiatives.org/kalamazoo
*Offering 1-bedroom apartments with your choice of 2 different floor plans which include an inviting living room, kitchenette, spacious bathroom with walk-in shower and ample storage space. Enjoy our beautiful ground with walking paths in natural setting.*

## NEPTUNE SOCIETY

6750 Kalamazoo Ave, S.E., Grand Rapids, MI 49508
(616) 656-0083
www.neptunesociety.com
*Funeral home specializing in cremation and pre-planning.*

## NEWPORT VILLAGE APARTMENTS

601 Alpha Ct, Portage, MI 49002
(269) 323-7688
www.newportvillage-apartments.com
*Pet friendly one and two bedroom apartments. Some utilities included!*
*See ad on page 28.*

## NORTH WOODS VILLAGE MEMORY CARE

6203 Stadium Dr, Kalamazoo, MI 49009
(269) 397-2200
northwoodsmemorycare.com
*Designed and developed to meet the needs of those with Alzheimer's, dementia or other cognitive impairments.*

## NORTHPOINTE WOODS SENIOR LIVING COMMUNITY

700 N Avenue, Battle Creek, MI 49017
(269) 964-7625
www.northpointewoods.org
*Independent, Assisted and Memory Care Apartments for Seniors 55+.*

## NORTHWIND APARTMENTS

1004 Douglas Ave, Kalamazoo, MI 49007
(269) 343-3973 TTY/TDD 711
*Equal Housing Opportunity | Housing for 62+ or disabled individuals.*

## NOTTAWASEPPI HURON BAND OF THE POTAWATOMI

1474 Mno-Bmadzewen Way, Fulton, MI 49052
(269) 729-4422
www.nhbp-nsn.gov
*Medical & Dental Care for Tribal Members & Nearby Residents.*

## NOVACARE REHABILITATION (PHYSICAL THERAPY)

Central Scheduling - 39 Clinics in Michigan
(888) 570-0444
www.novacare.com
*Appointments offered within 48 hours. Call today to schedule!*

## OAK STREET HEALTH

1663 S Westnedge Ave, Kalamazoo MI 49008
(269) 775-8899
www.oakstreethealth.com
*Primary care that specializes in helping older adults stay healthy.*

## OAKLAWN HOSPITAL

*ACTIVE AGING ADULTS*

### OAKLAWN FITNESS CENTER

13697 15 Mile Rd, Marshall, MI 49068
(269) 781-7585
www.oaklawnhospital.org/services/fitness-center/
*Community fitness center offering pool access and diverse classes.*

*BEHAVIORAL HEALTH / COUNSELING / MENTAL HEALTH*

### OAKLAWN INPATIENT PSYCHIATRIC UNIT

200 N Madison St, Marshall, MI 49068
(269) 781-4484
www.oaklawnhospital.org/services/inpatient-psychiatric-psychological-services/
*Compassionate 24/7 inpatient mental health care for adults in crisis.*

### OAKLAWN MEDICAL GROUP – OUTPATIENT PSYCHOLOGICAL SERVICES

15209 W Michigan Ave, Marshall, MI 49068
(269) 781-9119
www.oaklawnhospital.org/psych
*Supportive mental health treatment tailored to individuals and families.*

*EMERGENCY ASSISTANCE*

### OAKLAWN EMERGENCY DEPARTMENT – LEVEL III TRAUMA CENTER

200 N Madison St, Marshall, MI 49068
(269) 789-7040
www.oaklawnhospital.org/services/emergency-medicine/
*24/7 emergency care delivering prompt, expert treatment for urgent needs.*

### OAKLAWN EXPRESS CARE – ALBION

302 N Monroe St., Albion, MI 49224
(517) 654-1020
www.oaklawnhospital.org/express
*Walk-in urgent care for minor injuries, illnesses, and quick treatment.*

## *OAKLAWN HOSPITAL (continued)*

### OAKLAWN EXPRESS CARE – BECKLEY ROAD

5352 Beckley Rd, Ste B, Battle Creek, MI 49015
(269) 558-0714
www.oaklawnhospital.org/express
*Walk-in urgent care for minor injuries, illnesses, and quick treatment.*

### OAKLAWN EXPRESS CARE – MARSHALL

1174 W Michigan Ave, Suite B, Marshall, MI 49068
(269) 789-4390
www.oaklawnhospital.org/express
*Walk-in urgent care for minor injuries, illnesses, and quick treatment.*

*HOSPICE*

### OAKLAWN HOSPICE

13444 Preston Drive, Marshall, MI 49068
(269) 789-3939
www.oaklawnhospital.org/hospice
*Skilled hospice care focused on comfort wherever you call home.*

*HOSPITALS AND MEDICAL FACILITIES*

### OAKLAWN HOSPITAL

200 N Madison St, Marshall, MI 49068
(269) 781-4271
www.oaklawnhospital.org
*Independently owned nonprofit hospital serving community over 100 years.*

### OAKLAWN CARDIOPULMONARY

200 N Madison St, Marshall, MI 49068
(269) 789-7936
www.oaklawnhospital.org/services/cardiopulmonary/

### OAKLAWN DIABETES EDUCATION

200 N Madison St, Marshall, MI 49068
(269) 789-8972
www.oaklawnhospital.org/services/certified-diabetic-educators/

## OAKLAWN DIALYSIS

350 B Drive North, Albion, MI 49224
(517) 654-1010
www.oaklawnhospital.org/services/dialysis-center/

## OAKLAWN ONCOLOGY / HEMATOLOGY

215 E Mansion St, Ste 2E, Marshall, MI 49068
(269) 789-3940
www.oaklawnhospital.org/oncology

## OAKLAWN MEDICAL GROUP – ALLERGY, ASTHMA, & IMMUNOLOGY

111 S Hamilton St, Marshall, MI 49068
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
(269) 789-8291
www.oaklawnhospital.org/allergy

## OAKLAWN MEDICAL GROUP – AUDIOLOGY

215 E Mansion St, Ste 2D, Marshall, MI 49068
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
(269) 789-0015
www.oaklawnhospital.org/audiology

## OAKLAWN MEDICAL GROUP – EAR, NOSE, & THROAT

215 E Mansion St, Ste 2D, Marshall, MI 49068
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
(269) 789-0015
www.oaklawnhospital.org/ent

## OAKLAWN MEDICAL GROUP FAMILY & INTERNAL MEDICINE PRACTICES

Albion, Battle Creek, Coldwater, Marshall, Olivet, and Tekonsha locations.
www.oaklawnhospital.org/services/primarycare/
*Primary care services supporting healthy families through every stage.*

## OAKLAWN MEDICAL GROUP – GASTROENTEROLOGY

215 E Mansion St, Ste 3A, Marshall, MI 49068
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
(269) 789-0025
www.oaklawnhospital.org/gastroenterology

## *OAKLAWN HOSPITAL (continued)*

### OAKLAWN MEDICAL GROUP – GENERAL SURGERY

215 E Mansion St, Ste 3E, Marshall, MI 49068
302 N Monroe St, Ste A, Albion, MI 49224
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
375 N Willowbrook Rd, Coldwater, MI 49036
(269) 781-4267
www.oaklawnhospital.org/general-surgery/

### OAKLAWN MEDICAL GROUP – GYNECOLOGY

215 E Mansion St, Ste 3D, Marshall, MI 49068
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
(269) 558-0702
www.oaklawnhospital.org/gynecology

### OAKLAWN MEDICAL GROUP – LASER HAIR REMOVAL

215 E Mansion St, Ste 2D, Marshall, MI 49068
(269) 781-1178
www.oaklawnhospital.org/services/laser-hair-removal/

### OAKLAWN MEDICAL GROUP – ORTHOPEDICS & SPORTS MEDICINE

203 Winston Dr, Marshall, MI 49068
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
375 N Willowbrook Rd, Coldwater, MI 49036
(269) 789-4380
www.oaklawnhospital.org/services/orthopedics/

### OAKLAWN MEDICAL GROUP – PULMONOLOGY

103 E Mansion St, Marshall, MI 49068
302 N Monroe St, Ste A, Albion, MI 49224
5352 Beckley Rd, Ste A, Battle Creek, MI 49015
2218 Old US 27 North, Tekonsha, MI 49092
(269) 781-2658
www.oaklawnhospital.org/pulmonology

### OAKLAWN MEDICAL GROUP – RHEUMATOLOGY

215 E Mansion St, Ste 1E, Marshall, MI 49068
375 N Willowbrook Rd, Coldwater, MI 49036
(269) 781-3938
www.oaklawnhospital.org/rheumatology

### OAKLAWN MEDICAL GROUP – VASCULAR AND VEIN SURGERY

215 E Mansion St, Ste 2C, Marshall, MI 49068
375 N Willowbrook Rd, Coldwater, MI 49036
(269) 789-8272
www.oaklawnhospital.org/vascular

### OAKLAWN SLEEP CENTER

401 E Michigan Ave, Marshall, MI 49068
(269) 781-4068
www.oaklawnhospital.org/services/sleep-medicine/

### OAKLAWN WOUND CARE CENTER

13697 15 Mile Rd, Marshall, MI 49068
(269) 789-4905
www.oaklawnhospital.org/wound

*MEDICAL SUPPLIES / SERVICES*

### OAKLAWN LABORATORY SERVICES

Albion, Battle Creek, Coldwater, Marshall, Olivet, and Tekonsha.
www.oaklawnhospital.org/laboratory
*Accurate, timely diagnostic laboratory testing supporting patient care and treatment.*

OAKLAWN IMAGING SERVICES
Albion, Battle Creek, Coldwater, and Marshall.
www.oaklawnhospital.org/radiology
*Imaging services delivering accurate diagnostic results to support exceptional care.*

*PHARMACEUTICAL ASSISTANCE*

### OAKLAWN OUTPATIENT PHARMACY – MARSHALL

310 E Michigan Ave, Marshall, MI 49068
(269) 789-8999
www.oaklawnhospital.org/pharmacy
*Local outpatient pharmacy offering low-cost prescriptions and trusted guidance.*

## OAKLAWN HOSPITAL (continued)

*REHABILITATION*

### OAKLAWN PHYSICAL REHABILITATION SERVICES

Albion, Battle Creek, Coldwater, Marshall, and Olivet.
www.oaklawnhospital.org/services/physical-therapy/
www.oaklawnhospital.org/services/occupational-therapy/
www.oaklawnhospital.org/services/speech-therapy/
*Comprehensive physical, occupational, and speech therapy restoring function and independence.*

### OAKWOOD NEIGHBORHOOD ASSOCIATION

3320 Laird Ave, Kalamazoo, MI 49008
(269) 342-0129
www.oakwoodneighborhood.org
*Neighborhood center offering senior support group, information, and referral services.*

### THE OAKS AT BATTLE CREEK

706 North Ave, Battle Creek, MI 49024
(269) 964-4655
www.theoaksofbattlecreek.com
*Senior living community providing assisted living and skilled care.*

### OFIELD FUNERAL HOME

4500 Kalamazoo Ave SE, Kentwood, MI 49508
(616) 455-9790
www.ofieldfuneralhome.com
*Simply Cremation Package $1195.*

### ON EAGLE WINGS, LLC

P.O. Box 125, Vermontville, MI 49096
(269) 394-0426
www.oneaglewingsllc.com
*Non-emergency medical transportation.*

### OPERATION HEAVEN SENT - NON-PROFIT CORPORATION

176 E Battle Creek St, Galesburg, MI 49053
(269) 200-5076
www.operationheavensent.com
*Support and empower families in financial distress.*

## OPTIMAL CARE

4341 S Westnedge Ave, Ste 2210, Kalamazoo, MI 49008
(800) 865-4098
www.optimal.care
*Primary care services at home/facility, skilled home care, and hospice.*

## THE ORCHARDS AT THREE RIVERS

55378 Wilbur Rd. Three Rivers, MI 49093
(269) 279-7441
theorchardsmi.com/threerivers
*Skilled Nursing Facility.*

## OSHER LIFELONG LEARNING INSTITUTE (OLLI) AT WESTERN MICHIGAN UNIVERSITY

1903 W Michigan Ave, Kalamazoo, MI 49008
(269) 387-4157
www.wmich.edu/olli
*Lifetime learning opportunities for people ages 50+.*

## OUTFRONT KALAMAZOO

1020 S Westnedge, Kalamazoo, MI 49008
(269) 349-4234
www.outfrontkzoo.org
*LGBTQ+ Resource Center.*

## PARK VILLAGE PINES

2920 Crystal Ln, Kalamazoo, MI 49009
(269) 372-1928
www.parkvillagepines.org
*A leader in senior assisted-living at an affordable cost.*

## PAW PAW DISTRICT LIBRARY

609 W Michigan Ave, Paw Paw, MI 49079
(269) 657-3800
www.pawpawlib.org
*Free access to books, information, and programs (including Memory Café).*

## PAW PAW SENIOR CENTER

600 E Michigan Ave, Door C, Paw Paw, MI 49079
(269) 657-5076
www.pawpawtownshipmi.gov/senior-resources-activities/
*We are a 60+ senior center providing activities, meals, and commodities.*

## PEACHY HOME CARE

(269) 719-2307
www.peachyhomecare.com
*Fostering client dignity through exceptional, personalized In-Home Care.*

## PENNINGS HANDYMAN

5829 W KL Ave, Kalamazoo, MI 49009
(269) 567-0860
www.penningsandsons.com/handyman
*Small projects that make a big difference.*

## PLAINWELL PINES NURSING AND REHABILITATION

3260 E B Ave, Plainwell, MI 49080
(269) 349-6649
www.atriumlivingcenters.com

## PORTAGE DISTRICT LIBRARY

300 Library Ln, Portage, MI 49002
(269) 329-4544
www.portagelibrary.info
*Free access to books, information, programming, and community resources.*

## PORTAGE ZHANG SENIOR CENTER

203 E Centre Ave, Portage, MI 49002
(269) 329-4555
www.portagemi.gov/266/Portage-Zhang-Senior-Center
*The PZSC provides programs and activities for active older adults.*

## PURE HOME HEALTHCARE

3501 Lake Eastwood Blvd, Ste 310, Grand Rapids, MI 49546
(616) 940-9801
www.purehomehealthcare.com
*Skilled home healthcare services include nursing and rehab therapy.*

## PURPOSE CARE OF MICHIGAN

3902 Stonegate Park, St Joseph, MI 49085
(269) 849-9252
www.purposecare.com
*Designed with purpose to enhance coordination of in-home care.*

## Q ELDERLAW

Attorneys Kelly J. M. Quardokus & Jennifer A. Smith
1125 E Milham Ave, Ste A, Portage, MI 49002
(269) 343-2272
www.qelderlaw.com
*Holistic approach to estate and long-term care planning.*

## RE/MAX ADVANTAGE – LUANN DEFOUW

7127 S Westnedge, Portage, MI 49002
(269) 567-0800
www.luannsoldit.com
*Real estate sales/counselor.*

## RESIDENTIAL OPPORTUNITIES, INC. (ROI)

1100 S Rose St, Kalamazoo, MI 49001
(269) 343-3731
www.residentialopportunities.org
*Provides support services to individuals with intellectual and developmental disabilities.*

## REVANTH BOBBA, REALTOR - BERKSHIRE HATHAWAY HOME SERVICES

5839 Oakland Dr, Portage, MI 49024
(517) 505-9665
Revanthbobba.bhhsmichiganrealestate.com
*Senior Real Estate Service - free, friendly home value conversations anytime!*

## RICHLAND AREA COMMUNITY CENTER

9400 E CD Ave, Richland, MI, 49083
(269) 629-9430
www.richlandareacc.org
*A community center with exercise, healthy living, and enrichment programs.*

## RIGHT AT HOME OF WEST MICHIGAN

2990 Business One Dr, Kalamazoo, MI 49048
(269) 762-6110
www.rahhelps.com
*Improving the quality of life for those we serve.*

3737 Lake Eastbrook Blvd SE, Ste 208, Grand Rapids, MI 49546
(616) 315-2200
www.homecaregr.com
*Improving the quality of life for those we serve.*

## RIVER RESIDENCE

7617 Sandyridge St, Portage, MI 49024
(269) 371-2901
www.riversresidence.com
*Providing quality residential and home care with compassion and dignity.*

## S.A.F.E PLACE

Hotline: (269) 965-7233 | Business Line: (269) 965-6093
www.safeplaceshelter.org
*Supportive services for survivors of domestic violence and sex trafficking.*

## SALVATION ARMY-KALAMAZOO CORPS

1700 S Burdick St, Kalamazoo, MI 49001
(269) 344-6119
www.tsakalamazoo.org
*Assistance with utilities, food, holiday giving, and disaster relief.*

## SENIOR CARE PARTNERS PACE

290 B Dr N, Albion, MI 49224
200 W Michigan Ave, Battle Creek, MI 49017
445 W Michigan Ave, Kalamazoo, MI 49007
800 E Milham Ave, Portage, MI 49002
(269) 441-9319
www.seniorcarepartnersmi.org
*High quality healthcare for older adults aging at home.*

## SENIOR HEALTH PARTNERS

200 W Michigan Ave, Ste 104, Battle Creek, MI 49014
(269) 441-0948
www.shpcalhoun.org
*Improving health and wellbeing of older adults and family caregivers.*

## SENIOR LIVING FAMILY ADVOCATE LLC

Kalamazoo County
(269) 207-1720
www.seniorlivingfamilyadvocate.com
*Free personal advisor helping families navigate senior living care options.*

## SENIORS HELPING SENIORS

(269) 400-6868
www.shskalamazoo.com
*Non-medical in-home care providing personal and companion services promoting independence.*

## SERENITY VILLAGE OF BARRY COUNTY

3700 N M-43 Hwy, Hasting, MI 49058
(269) 443-1897
www.serenitybc.org
*Compassion Home-Hospice/End of Life Care.*

## SEXUAL ASSAULT SERVICES

24-hour crisis line
(888) 383-2192
www.sascc.net

## SHEPHERD'S CENTER OF GREATER KALAMAZOO

1833 S Burdick St, Kalamazoo, MI 49001
(269) 383-1122
www.shepherdscenterkalamazoo.org
*Volunteer drivers take 60+ individuals to health-related appointments. Now wheelchair accessible!*

## SKYRISE ELDERLY APARTMENTS

105 E Walnut St, Kalamazoo, MI 49007
(269) 388-3011
www.skyriseelderlyapartments.net
*High rise downtown living for seniors.*

## SMG

6964 W Q Ave, Kalamazoo, MI 49009
269-903-2510
www.oursmg.com
*Retirement Solutions Made Clear.*

## SOCIAL SECURITY ADMINISTRATION

317 S Drake Rd, Kalamazoo, MI 49009
National: (800) 772-1213 | Local: (866) 331-9088 | TTY: (800) 325-0778
www.ssa.gov
*Administers retirement, survivors, Medicare, disability and SSI Benefits.*

## SOUTH COUNTY COMMUNITY SERVICES

606 N Spruce St, Vicksburg, Michigan 49097
(269) 649-2901
www.southcountycs.com
*Nonprofit serving seniors and low-income households in southern Kalamazoo County.*

## SOUTH COUNTY SENIOR CENTER FOR ACTIVE LIVING

217 S Main St, Vicksburg, MI 49007
(269) 720-0974
www.southcountycs.com/scsc
*We offer exercise/wellness classes as well as arts programming.*

## SOUTH MICHIGAN FOOD BANK

5451 Wayne Rd, Battle Creek, MI 49037
(269) 964-3663
www.smfoodbank.org
*Food bank proudly serving Barry, Branch, Calhoun, Hillsdale, Jackson, Kalamazoo, Lenawee, and St Joseph counties. 8 counties in Southwest Michigan.*
*See ad on page 109.*

## SOUTHWEST MICHIGAN FINANCIAL, LLC

4341 S Westnedge Ave, #1201, Kalamazoo, MI 49008
(269) 323-7964
www.southwestmichiganfinancial.com
*Independent fiduciary and retirement financial planning, Medicare, long-term care.*

## SOUTHWEST MICHIGAN HEARING SERVICES

24208 Front Avenue, Unit A-6, Mattawan, MI 49071
(269) 350-4852
www.swmihearing.com
*Top Hearing Aid technology for $3,800 or less - guaranteed.*

## ST. JOSEPH TRANSPORTATION AUTHORITY

810 Webber Ave, Three Rivers, MI 49093
(269) 273-7808
www.sjcta.info
*Senior medical transportation from St. Joseph County to surrounding counties.*

## STADIUM DRIVE APARTMENTS

4249 Lakesedge Dr, Kalamazoo, MI 49008
(269) 375-0105
Find on Facebook: Stadium Drive Apartments Kalamazoo
*Subsidized housing.*




## STANFORD ADULT CARE LODGE - PLAINWELL

409 Naomi St, Plainwell, MI 49080
(269) 685-5821
www.stanfordlodgeplainwell.com
*Assisted living facility and respite.*

## STANFORD ADULT CARE LODGE - SUNFIELD

241 W Grand Ledge Hwy, Sunfield, MI 49880
(517) 566-8832
www.stanfordlodgesunfield.com
*Assisted living facility and respite.*

## STORYPOINT OSHTEMO

210 N 9th St, Kalamazoo, MI 49009
(269) 888-6999
www.storypoint.com/community/oshtemo-mi/
*Vibrant assisted living and memory care community.*

## STORYPOINT OF PORTAGE

3951 W Milham Ave, Portage, MI 49024
(269) 329-0200
www.storypoint.com
*Excellence in Senior Living with Independent, Assisted and Memory Care.*

## SUE'S LOVING CARE

2827 Courtland Ave, Kalamazoo, MI 49004
(269) 808-8954
www.sueslovingcare.com
*Specializing in Alzheimer, dementia, and challenging behaviors.*

## SUMMIT POINTE

175 College St, Battle Creek, MI 49037
1 (800) 632-5449
www.summitpointe.org
*Maximize your potential.*

## TAX INFORMATION FOR SENIORS AND RETIREES

www.irs.gov/individuals/seniors-retirees
*Online tax information for older adults, including many free services.*

## THE THERAPY PLACE

626 Maple Hill Dr, Kalamazoo, MI 49009
(269) 544-2901
www.therapyplace.net
*Outpatient therapy services. Medicare, Medicaid and insurance accepted.*

## TOUCHING HEARTS AT HOME

9880 Downes St NE, Lovell, MI 49331
www.touchinghearts.com/grandrapids
*One single caregiver 24/7 in your home with continuous support.*

## TRANSITIONS CARE HOSPICE

555 W Crosstown Pkwy, Ste 100, Kalamazoo, MI 49008
(877) 726-6494
www.transitionscare.com
*No one passes away alone.*

## TRAVEL WITH NIKKI

9922 Woodlawn Dr, Portage, MI 49002
(734) 535-8865
www.travelwithnikki.com
*Travel Concierge Services to help make planning a trip stress free.*

## TRAVIS ERICKSEN LPC, MY COURAGE COUNSELING

6100 Newport Rd, Ste 222, Portage, MI 49002
(269) 348-0432
www.mycouragecounseling.com
*Individual, Couple, In-office, Online, Anxiety, Depression, Trauma, Stress, Grief, Veterans.*

## UNION CITY SENIOR CENTER

501 N Broadway St, Union City, MI 49094
(517) 741-6018
Facebook: Union City Senior Center
*Supportive space offering meals, activities and companionship for adults 55+.*

## UNITED WAY OF SOUTH-CENTRAL MICHIGAN

709 S Westnedge Ave, Kalamazoo, MI 49007
(269) 343-2524
www.unitedforscmi.org
*Income tax preparation, utility shut off, and rent assistance.*

UNITED WAY
South Central Michigan

## VAN BUREN CONSERVATION DISTRICT

1035 E Michigan Ave, Paw Paw, MI 49079
(269) 657-4030 x5
VanBurenCD.org
*Your resource for conservation, recycling, invasive species and more!*

## VASCULAR HEALTH CENTER

3790 Capital Ave SW, Battle Creek, MI 49015
(269) 979-6310
www.vascularhealthctr.com
*Comprehensive vascular care delivering advanced treatments with compassionate, personalized support.*

## VETERAN 1ST

P.O 290, Nazareth, MI 49048
(269) 598-6776
www.veteran1st.org
*Empowering veterans through advocacy, resources, and community connections.*

## VIBRANT LIFE SENIOR LIVING - KALAMAZOO

3700 W Michigan Ave, Kalamazoo, MI 49006
(269) 372-6100
www.vibrantlifeseniorliving.com
*Assisted living and memory care in a warm, caring community.*

## VICKSBURG FAMILY HOME CARE

706 W Prairie St, Vicksburg, MI 49097
(269) 475-5211
www.vicksburgfamilyhomecare.com
*We're right here for each client every step of the way. Our team of dedicated professionals will help you minimize hospitalizations and maintain the highest quality of care management.*

## VILLAGE OF SAGE GROVE

214 S Sage St, Kalamazoo, MI 49006
(269) 567-3300
www.pvm.org/locations/sage-grove/
*HUD subsidized, Independent Living for seniors 62 and over.*

## VINEYARD ASSISTED LIVING

8170 Vineyard Pkwy, Kalamazoo, MI 49009
(269) 775-0001
www.vineyardassisted.com
*Assisted living community for seniors.*

## VISITING ANGELS OF SOUTHWEST MICHIGAN

5413 S Westnedge Ave, Ste A, Portage, MI 49002
(269) 459-6464
www.visitingangels.com/southwestmichigan
*Homecare delivered by Angels. Comfort, safety, independence in your home.*

## WEST MICHIGAN CANCER CENTER

200 N Park St, Kalamazoo, MI 49007
(269) 382-2500
www.wmcc.org
*Outpatient cancer center specializing in gynecologic/radiation/surgical oncology care.*

## WEST WOODS OF BRIDGMAN

9935 Red Arrow Hwy, Bridgman, MI 49106
(269) 465-3017 Referral Fax: 1-888-761-8495
*Nursing & Rehabilitation.*

## WESTLAND MEADOWS APARTMENTS

4300 Leisure Ln, Kalamazoo, MI 49006
(269) 344-5418
*HUD Subsidized Senior Citizen Housing.*

## WESTERN MICHIGAN UNIVERSITY UNIFIED CLINICS

1000 Oakland Dr, Kalamazoo, MI 49008
(269) 387-7000
www.wmich.edu/unifiedclinics
*Low vision, audiology, behavioral health, speech and occupational therapy services. See ad on pages 6–7.*

## WHITE OAKS ASSISTED LIVING AND MEMORY CARE

300 White Oak Road, Lawton, MI 49065
(269) 624-4811
*Remarkable Living.*

## WIERINGA, WILLIAM R. P.C.

1112 E Centre, Portage, MI 49002
(269) 324-8385
*Estate planning and Elder Law services.*

## WILLIS LAW ATTORNEYS & COUNSELORS

491 W South St, Kalamazoo, MI 49007
(269) 492-1040 | Toll Free: (888) 461-7744
www.willis.law
*Legal services - Medicaid, elder law, probate and estate planning.*

## WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC

530 Linn St, Allegan, MI 49010
(269) 686-8659
www.wingsofhopehospice.com
*Care in later stages of life & support through grief experience.*

## WMU ADULT WELLNESS PROGRAMS - SENIOR ADULT DAY

110 W Cork St, Kalamazoo, MI 49001
(269) 387-7994
www.wmich.edu/disabilitycenter/adultwellness
*Adult Day for Aging Adults.*

## WOODLAND TERRACE

700 Eley St, Otsego, MI 49078
(269) 694-1621
www.woodlandterraceotsego.care
*Assisted Living/Memory Care.*

## WOODSIDE ASSISTED LIVING AND MEMORY CARE AT FRIENDSHIP VILLAGE

1390 Drake Rd, Kalamazoo, MI 49006
(269) 215-0951
www.friendshipvillagemi.com
*One and two bedroom apartments in a cozy neighborhood setting.*

## WORTHWHILE HOME ORGANIZING AND STAGING

(269) 815-8218
www.worthwhileorganizing.com
*Compassionate one-on-one organizing/decluttering sessions, customized home resets and solutions.* *See ad on page 115.*

## WORK BY FAITH HOMECARE, LLC

287 North Ave, Battle Creek, MI 49037
(269) 223-7117
www.workbyfaithhomecare.com
*We provide in-home non-medical care services for ADL's*

## WRIGHT & FILIPPIS

363 Fremont St, Ste 300, Battle Creek, MI 49017
(269) 979-5760
www.firsttoserve.com
*Provides prosthetic and orthotic solutions improving patient independence and function.*

## YMCA OF GREATER KALAMAZOO

1001 W Maple St, Kalamazoo, MI 49008
(269) 345-9622
www.kzooymca.org
*Wellness through fitness and social groups for aging adults. Something for all!*

## YMCA OF PORTAGE

2900 W Centre Ave, Portage, MI 49024
(269) 324-9622
www.kzooymca.org
*Wellness through fitness and social groups for aging adults. Something for all!*





Mahmood Aldwake
Physical Therapist

# Are You in PAIN?

**LET THE HEALING BEGIN.** SoftWave uses patented technology to reach an injured area at the cellular level to successfully turn on the body's natural healing process. This ingenious device:

**Stimulates your stem cells!**
Reduces acute & chronic pain
Increase blood supply
Decreases inflammation

KALAMAZOO SOFTWAVE THERAPY

**Call (269) 303-6366 today!**
Mon.-Fri. 8:30 a.m. - 5:00 p.m.
**251 N. Rose St., Ste. 219 • Kalamazoo**
KalamazooSoftwareTherapy.com



Mahmood Aldwake
Physical Therapist

# Physical Therapy for Auto Accident VICTIMS!

**In-Home Therapy**
**In-Home Skilled Nursing**
**Speech Therapy**
**Occupational Therapy**

KALAMAZOO HOME HEALTHCARE

**Call (269) 303-6366 today!**
Mon.-Fri. 8:30 a.m. - 5:00 p.m.
**251 N. Rose St., Ste. 219 • Kalamazoo**
KalamazooHomeHealthcare.com




# Navigating the Transition to **Senior Care**?

## Our Local Experts Are Here to Help.

CarePatrol helps families find the right care solution for their loved ones at no cost. As your trusted partner, we review the history of each care provider, generate a recommended list of care options based on your needs and resources and facilitate the transition process.

---



Let Us Help. We Are Your **Trusted Partner.**

**CarePatrol of Kalamazoo**

**Contact your local advisor today**

**Tara Baker, BSN, RN | p: 269-355-0676**

**e: grwestkalamazoo@carepatrol.com**

**CarePatrol.com/GRWK**

©2026 CarePatrol Franchise Systems, LLC. Each office is independently owned and operated. CarePatrol is an equal opportunity employer.

Follow Us:

ADAMS - REDMOND
FUNERAL HOME
AND CREMATION SERVICES
PARCHMENT




# COMPASSIONATE CARE.
# MEANINGFUL MEMORIES.

LOCALLY OWNED. COMMUNITY-FOCUSED.
HERE FOR YOUR FAMILY WHEN IT MATTERS MOST.

## DIRECT CREMATION

**$1,795**

*EXCLUDES CERTIFIED COPIES OF DEATH CERTIFICATES AND COUNTY REQUIRED CREMATION PERMIT.

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

## TRADITIONAL BURIAL PACKAGE

A FULL SERVICE PACKAGE

**$6,495**

+ TAX ON MERCHANDISE

INCLUDES CASKET, GRAVE LINER, AND PRINTED MEMORIAL PACKAGE. EXCLUDES CASH ADVANCES.

PARCHMENT LOCATION
2300 EAST G AVENUE
269.349.7735
WWW.ADAMSREDMOND.COM

## WE'RE PROUD TO SERVE OUR COMMUNITY.

We are honored to provide both traditional burial and cremation services. As a locally owned funeral home, your loved one is cared for with dignity and respect by familiar faces who live and work in this community. Our dedicated team is here for you anytime, guiding you with compassion through every step of the funeral process.