

# December Cold Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> CRAB SALAD ON GREENS 17gm TOMATO & EGG WEDGE WINTER BEAN SALAD 16gm DICED PEACHES 8gm WHOLE GRAIN ROLL 35gm	<b>2</b> CHICKEN SALAD ON LEAF LETTUCE CANTALOUPE SLICE 9gm ZUCCHINI SLAW 7gm APPLE SAUCE 11gm WHOLE WHEAT CRACKERS 5gm
<b>5</b> CHICKEN CHEDDAR SALAD 5gm TROPICAL FRUIT 11gm PEACH YOGURT 11 gm CROUTONS 5gm	<b>6</b> PEPPERONI PASTA 27gm COTTAGE CHEESE 3gm APPLESAUCE 11gm WHOLE GRAIN ROLL 35gm	<b>7</b> TUNA SALAD 12gm MIXED GREENS, EGGS, TOMATOES PICKLED BEETS 4gm CRUSHED PINEAPPLE 12gm WHOLE WHEAT CRACKERS 5gm	<b>8</b> TURKEY AND SWISS LEAF LETTUCE PICKLED BEETS 4gm MANDARIN ORANGES 12gm WHOLE GRAIN BUN 47 gm MAYO PACKET	<b>9</b> ASIAN CHICKEN SALAD 4gm CAULIFLOWER SALAD 12gm FRUIT COCKTAIL 13gm CHOW MEIN NOODLES 9gm
<b>12</b> CHICKEN PESTO PASTA SALAD 28gm MAR. TOMATOES AND ONION 3gm FRUIT COCKTAIL 13gm WHOLE GRAIN ROLL 35gm	<b>13</b> MEDITERRANEAN TURKEY SALAD 17gm PEACHES 8gm MOZZARELLA CHEESE CUBES 42gm WHOLE GRAIN ROLL 35gm	<b>14</b> HONEY HAM AND CHEDDAR 48gm WHEAT BUN AND LEAF LETTUCE COLESLAW 9gm PEARS 9gm MUSTARD PACKET	<b>15</b> CREAMY CRAB AND DILL PASTA 27gm MARINATED CUCUMBERS 2gm APPLESAUCE 11gm WHOLE GRAIN ROLL 35gm	<b>16</b> TURKEY TWIST PASTA SALAD 20gm MANDARIN ORANGES 12gm MARINATED TOMATOES 2gm WHOLE GRAIN ROLL 35gm
<b>19</b> HAM SALAD ON MIXED GREENS 14gm EGG & GRAPE TOMATO PEARS 9gm BROCCOLI SALAD 10gm WHOLE GRAIN ROLL 35gm	<b>20</b> TUNA ROTINI PASTA SALAD 26gm BROCCOLI SALAD 10gm STRAWBERRY YOGURT 9gm WHOLE GRAIN ROLL 35gm	<b>21</b> CHICKEN CEASAR WRAP 32gm CUCUMBER SALAD 4gm DICED PEACHES 8gm	<b>22</b> ASIAN SEAFOOD SALAD 10gm CARROT AND RAISIN SLAW 7gm MIXED FRUIT 11gm WHOLE GRAIN ROLL 35gm	<b>23</b> <p style="text-align: center; font-size: 24pt;">Closed</p>
<b>26</b> <p style="text-align: center; font-size: 24pt;">Closed</p>	<b>27</b> GARLIC AND HERB CREAM CHEESE 2gm BROCCOLI AND CAULIFLOWER 5gm APPLESAUCE 11gm HARD BOILED EGG 1gm FRUIT MUFFIN 16gm	<b>28</b> COLD CHINESE CHICKEN SALAD 32gm MARINATED CALIFORNIA SALAD 12gm MANDARIN ORANGES 13gm CHOW MEIN NOODLES 9gm	<b>29</b> VEGETARIAN TACO SALAD 29gm COTTAGE CHEESE 3gm RED FLAME GRAPES 14gm TORTILLA CHIPS 20gm SALSA AND RANCH PACKETS	<b>30</b> <p style="text-align: center; font-size: 24pt;">Closed</p>



If you are not available to receive your daily meal, please call ahead of time to cancel. 269-382-0515. Kalamazoo, Ext. 300. Calhoun, Ext. 350.

