

# April Hot Meal Menu

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
|  | <b>1</b><br>CHICKEN PARMESAN 43gm<br>BRUSSEL SPROUTS 7gm<br>WARM CINNAMON APPLES 2gm<br>WHOLE GRAIN ROLL 35gm                             | <b>2</b><br>CORNED BEEF HASH 28gm<br>SCRAMBLED EGGS 1gm<br>PEACH COBBLER 26gm<br>WHOLE GRAIN ROLL 35gm                                | <b>3</b><br>PORK ROAST 2gm<br>MASHED POTATOES & GRAVY 17gm<br>CORN, PEAS, & CARROTS 6gm<br>RICE PUDDING 18gm<br>WHOLE GRAIN ROLL 35gm              | <b>4</b><br>VEGETABLE LASAGNA 56gm<br>HARVARD BEETS 8gm<br>MIXED BERRY CRISP 18gm<br>WHOLE GRAIN ROLL 35gm           |
| <b>7</b><br>SPAGHETTI & MEATSAUCE 44gm<br>GREEN BEANS & CARROTS 7gm<br>PEACH CRISP 22gm<br>WHOLE GRAIN ROLL 35gm         | <b>8</b><br>PULLED PORK 5gm<br>POTATOES O'BRIEN 12gm<br>CARROT CAKE 23gm<br>HAMBURGER BUN 21 gm   | <b>9</b><br>CHICKEN CACCIATORE 13gm<br>SAUTEED SPINACH 3gm<br>RICE PUDDING 18gm<br>WHOLE GRAIN ROLL 35gm                              | <b>10</b><br>BEEF CHILI 22gm<br>WAX BEANS & PEPPERS 5gm<br>BANANA BREAD PUDDING 17gm<br>CORNBREAD MUFFIN 30gm                                      | <b>11</b><br>MACARONI & CHEESE 19gm<br>SAUTEED SPINACH 3gm<br>OATMEAL CAKE 36gm<br>WHOLE GRAIN ROLL 35gm             |
| <b>14</b><br>CHICKEN AND RICE CASSEROLE 42gm<br>SAUTEED CARROTS 4gm<br>WARM CINNAMON APPLES 2gm<br>WHOLE GRAIN ROLL 35gm | <b>15</b><br>MEATLOAF AND GRAVY 18gm<br>MASHED POTATOES 17gm<br>STEWED TOMATOES 4gm<br>CORN PUDDING 22gm<br>WHOLE GRAIN ROLL 35gm         | <b>16</b><br>BBQ CHICKEN THIGH 2gm<br>COLLARD GREENS 4gm<br>BANANA BREAD PUDDING 17gm<br>WHOLE GRAIN ROLL 35gm                        | <b>17</b><br>BEEF ENCHILADA BAKE 13gm<br>CILANTRO RICE 27gm<br>APPLE COBBLER 26gm<br>WHOLE GRAIN ROLL 35gm   | <b>18</b><br>VEGETABLE ALFREDO 18gm<br>WAX BEANS & PEPPERS 5gm<br>CARAMEL CAKE 34gm<br>WHOLE GRAIN ROLL 35gm         |
| <b>21</b> Easter Meal<br>PINEAPPLE GLAZED HAM<br>GREEN BEAN CASSEROLE<br>CARROT CAKE<br>WHOLE GRAIN ROLL 35gm            | <b>22</b><br>COUNTRY FRIED CHICKEN 28gm<br>MASHED POTATOES & GRAVY 28gm<br>SWEET CORN 15gm<br>PEACH COBBLER 26gm<br>WHOLE GRAIN ROLL 35gm | <b>23</b><br>SMOTHERED PORKLOIN 5gm<br>COLLARD GREENS 4gm<br>WARM CINNAMON APPLES 20gm<br>WHOLE GRAIN ROLL 35gm                       | <b>24</b><br>SWEET AND SOUR PORK 17gm<br>BROWN RICE 17gm<br>SIMMERED GREEN CABBAGE 5gm<br>PINEAPPLE UPSIDE DOWN CAKE 28gm<br>CHOW MEIN NOODLES 9gm | <b>25</b><br>SPINACH PEPPER QUICHE 20gm<br>VEGETARIAN SAUSAGE PATTY 3gm<br>CINNAMON APPLES 16gm<br>FRUIT MUFFIN 16gm |
| <b>28</b><br>HERB ROASTED CHICKEN 0gm<br>BRUSSEL SPROUTS 7gm<br>CHERRY CRISP 19gm<br>WHOLE GRAIN ROLL 35gm               | <b>29</b><br>QUICHE LORRAINE WITH BACON 4gm<br>POTATOES O"BRIEN 12gm<br>PEACH CRISP 22gm<br>FRUIT MUFFIN 16gm                             | <b>30</b><br>SESAME CHICKEN 27gm<br>WHITE RICE<br>WAX BEANS & PEPPERS 5gm<br>PINEAPPLE UPSIDE DOWN CAKE 28gm<br>CHOW MEIN NOODLES 9gm |  |  |



If you are not available to receive your daily meal, please call ahead of time to cancel. 269-382-0515. Kalamazoo, Ext. 300. Calhoun, Ext. 350.

